DIRECTORY OF
IMMIGRATION RESOURCES

Monterey County
April 2018

"Everywhere immigrants have enriched and strengthened the fabric of American life."
President John F. Kennedy
The Directory of Immigration Resources is a compilation of information and resources concerning various aspects of immigration. It is intended to be an accessible guide for immigrants, advocates, and those serving immigrant families living in Monterey County. This compilation includes general facts and tips, community resources for local assistance, contact information for helpful organizations, and other shareable materials to stay informed and safe.

This directory is a collaborative effort between the Monterey County Health Department and United Way. Although every effort has been made to ensure that the information in this document is true and up-to-date, absolute accuracy cannot be guaranteed.

For comments, suggestions, or corrections regarding this directory, please contact United Way at info@unitedwaymcca.org.

SOBRE

El Directorio de Recursos es una compilación de recursos e información sobre varios temas de inmigración. Está destinado a ser un guía para inmigrantes, defensores, y personas ayudando a familias inmigrantes en el condado de Monterrey. Esta compilación incluye hechos y consejos generales, recursos comunitarios para asistencia local, información de contacto de organizaciones útiles, y otros materiales compartibles para mantenerse informados y seguros.

Este directorio es una colaboración entre el Departamento de Salud del Condado de Monterey y United Way. Aunque se ha hecho todo lo posible para que la información presentada en este documento sea precisa y esté actualizada, no se puede garantizar su exactitud.

Por favor contáctenos a info@unitedwaymcca.org para proveer comentarios, sugerencias o correcciones respecto a este directorio.
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IMMEDIATE & EMERGENCY NEED

RED CARDS

All people in the United States, regardless of immigration status, have certain rights and protections under the U.S. Constitution. The Know Your Rights Red Cards were created to help people assert their rights and defend themselves against constitutional violations. Knowing and asserting rights can make a huge difference in many situations, such as when ICE agents go to a home. Red cards provide critical information on how to assert these rights, along with an explanation to ICE agents that the individual is indeed asserting their rights.

1. Do not say anything to the immigration agent if they try to talk to you.
   NO LE DIGA NADA AL AGENTE DEL SERVICIO DE INMIGRACION SI TRATA DE HABLAR CON USTED.

2. Do not open the door if there is an immigration agent knocking at your door.
   NO ABRA LA PUERTA SI UN AGENTE DEL SERVICIO DE INMIGRATION ESTA TOCANDO A LA PUERTA.

3. Give your red card to the agent without opening the door.
   ENTREGUE SU TARJETA ROJA AL AGENTE SIN ABRIR LA PUERTA.

To print at home, use heavy weight paper, or card stock. Cut out the cards along the dotted lines. If you're unable to print on both sides, you can simply fold on the center line to make a 2-sided card.

If you use a professional printer, we suggest you print 2-sided cards with white text on red card stock with rounded corners.

Usted tiene derechos constitucionales:
• NO ABRA LA PUERTA si un agente de inmigración está tocando la puerta.
• NO CONTESTE NINGUNA PREGUNTA de un agente de inmigración si el trata de hablar con usted. Usted tiene el derecho de mantenerse callado.
• NO FIRME NADA sin antes hablar con un abogado. Usted tiene el derecho de hablar con un abogado.
• Si usted está afuera de su casa, pregunte al agente si es libre para irse y si dice que sí, váyase con tranquilidad.
• ENTREGUE ESTA TARJETA AL AGENTE. Si usted está dentro de su casa, muestre la tarjeta por la ventana o pásela debajo de la puerta.

I do not wish to speak with you, answer your questions, or sign or hand you any documents based on my 5th Amendment rights under the United States Constitution. I do not give you permission to enter my home based on my 4th Amendment rights under the United States Constitution unless you have a warrant to enter, signed by a judge or magistrate with my name on it that you slide under the door. I do not give you permission to search any of my belongings based on my 4th Amendment rights. I choose to exercise my constitutional rights.

These cards are available to citizens and noncitizens alike.

Courtesy of Immigrant Legal Resource Center (IRLC)
2-1-1 is a service of United Way Monterey County that is a FREE, easy-to-use source of health and human services information. It can connect you to any available services that can help.

You can access 2-1-1 by phone, where a trained Call Specialist will provide confidential assistance, 24 hours a day, 7 days a week, in any language you prefer. Or, you can search for what you need on line at [www.211mc.org](http://www.211mc.org). If you prefer texting, 2-1-1 is also available through our new two-way texting program that is in both English and Spanish by texting your zip code to 898211. And finally, with so much debate about immigration issues in the country, 2-1-1 Monterey County is providing resource information through our key word texting feature below.

**IMPORTANT CONTACT INFORMATION**

**CONTACTOS IMPORTANTES**

Report ICE activity in your city!
¡Reporta a la migra en tu cuidad!

- **1-831-643-5225** (Monterey County)
- **1-831-239-4289** (Santa Cruz County)

MigraWatch Hotline

- **1-844-363-1423**

Information and Assistance Center for Mexicans
Centro de Información y Asistencia a Mexicanos

- **1-855-463-6395 or 1-855-INFO-395**
GENERAL FACTS & TIPS

STATISTICS

• There are 41 million immigrants in the United States.

• In 2013, 83 percent of people deported from the United States were not given a hearing before a judge, and the United States spends $1.84 billion detaining immigrants.

• According to the Congressional Budget Office in 2007: “Over the past two decades, most efforts to estimate the fiscal impact of immigration in the United States have concluded that, in aggregate and over the long term, tax revenues of all types generated by immigrants—both legal and unauthorized—exceed the cost of the services they use.”

• Research from the Small Business Administration shows that while immigrants are only 12 percent of the U.S. population, immigrants represent 16.7 percent of all new business owners in the United States, creating jobs and economic health.

• Compared to U.S.-born Americans, immigrants are more likely to hold an advanced degree and are almost twice as likely to hold a Ph.D. In 2006, immigrants to the United States played a role in an estimated 24.2 percent of international patent applications.

• Between 1990 and 2005, immigrants started 25 percent of venture-backed U.S. public companies, employing more than 200,000 U.S. workers. And some of the companies at the forefront of the digital revolution were co-founded by immigrants: Intel, Sun Microsystems, eBay, Google, and Yahoo to name a few examples.

• Immigrants also play an important role in the economy by filling niches where the domestic supply of workers is limited. Immigrant workers also increase the affordability and availability of services such as child care, cleaning services, and gardening. These services in turn increase standards of living and free up time for consumers to devote to alternative economic activity. USDA has also warned that, “any potential immigration reform could have significant impacts on the U.S. fruit and vegetable industry.”

• Most studies estimating the fiscal impacts of immigrants have found that the taxes (including state, federal and Social Security taxes) that immigrants pay exceed the cost of the services they use, in aggregate and over the long-run. In addition, the children of immigrants have a long-run fiscal impact similar to that of the children of the U.S.-born population. These children enter the labor force and pay far more in taxes than they receive in benefits.

• Current contributions: Undocumented immigrants paid $11.8 billion in state and local taxes 2012. This ranged from roughly $3.2 million in Montana (home to only 6,000 undocumented immigrants) to $3.2 billion in California (with an undocumented population numbering 3.1 million).

• Unauthorized workers are paying an estimated $13 billion a year in social security taxes and only getting around $1 billion back, according to a senior government statistician. In 2009, the last year for which figures are available, employers reported wages of $72.8 billion for 7.7 million workers who could not be matched to legal Social Security numbers. That total hit a record $90.4 billion, earned by 10.8 million workers, in 2007, just before the recession.
Public charge has been part of U.S. immigration law for more than 100 years as a ground of inadmissibility and deportation. An individual who is likely at any time to become a public charge is inadmissible to the United States and ineligible to become a legal permanent resident. However, receiving public benefits does not automatically make an individual a public charge. This fact sheet provides information about public charge determinations to help noncitizens make informed choices about whether to apply for certain public benefits. Per the US Citizenship and Immigration Public Charge Fact Sheet, "In general, lawful permanent residents who currently possess a “green card” cannot be denied U.S. citizenship for lawfully receiving any public benefits for which they are eligible.”

- [INFO] Public Charge Fact Sheet
- [RESOURCES] USCIS Forms
- [RESOURCES] Useful Tools
- [INFO] Alerts (including scam alerts)
- [INFO] Citizenship Resource Center
- [INFO] Information in other Languages
- [FAQ] USCIS Frequently Asked Questions
- [RESOURCES] USCIS-Funded Programs

USCIS grant recipients offer free or low cost services to immigrants. A list of USCIS-funded programs and their available services is provided here. Many of these organizations offer services in additional locations.
As part of their ongoing effort to raise awareness about scams targeting the Latino community, the Federal Trade Commission has developed a series of "fotonovelas" in Spanish. The stories are based on complaints to the FTC from Spanish speakers throughout the nation and offer practical tips to help detect and stop common scams. You can order copies of the Spanish-language fotonovelas — for free — and distribute them in your community.

Keep your status secure and your visa and green card applications moving along smoothly by following these immigration tips.

[INFO] Applying for a California Driver’s License Under AB 60 | July 2016
As of January 2015, eligible California residents can receive a driver’s license, regardless of their immigration status. An applicant who does not have proof of lawful presence will receive an AB 60 license, which will have a visible distinguishing feature. Licenses are will only be available from the DMV. DO NOT pay anyone for a license.

Immigrants face unique challenges in the workplace and marketplace. The Department of Consumer Affairs created these tips to educate immigrants about their rights and where to turn for help.

[RESOURCES] County of Santa Cruz: Immigration Resources
The County seeks to provide residents information that could be of assistance, including information about immigrant rights, local law enforcement activities, information on immigration services and more.

During his campaign, President-elect Donald Trump called Mexican immigrants "criminals" and vowed to build a border wall, rescind the Obama Administration’s DACA (Deferred Action for Childhood Arrivals) and DAPA (Deferred Action for Parents of Americans and Lawful Permanent Residents) initiatives, and "mass deport" millions of undocumented immigrants. Many families feel afraid and confused. Below are answers to common questions about what we know at this point about what a Trump presidency might mean for immigrants.

[INFO] Obtain a U.S. Passport / Conseguir pasaporte de E.E.U.U
The California Department of Justice’s Office of Immigrant Assistance is dedicated to educating immigrant communities about the state legal system and breaking down barriers that discourage immigrants from reporting violations of civil and criminal law. Housed within the Department of Justice’s Civil Rights Enforcement Section, the Office also directs complaints to appropriate law enforcement agencies and helps immigrants use the legal system to seek redress.

As a national expert, the Immigrant Legal Resource Center (ILRC) provides technical assistance, trainings and practice manuals on critical immigration options for vulnerable immigrants including immigrant victims of domestic violence, human trafficking and other crimes. Unfortunately, although our organization’s main goal is to work for equal access to fair and just laws, we do not directly represent clients and we are not able to provide individual legal consultation.

- **INFO** Know Your Rights and What Immigrant Families Should Do Now | April 2017
  It’s important for everyone to know their rights if approached by an immigration (ICE) agent as well as how families can best prepare for something happening. This resource provides practical tips for things immigrant families can do now to prepare as well as information on rights everyone has in the United States, regardless of immigration status.

- **INFO** Family Preparedness Plan / Plan de Preparación Familiar | March 2017
  Every family should have a Family Preparedness Plan. While it is our hope that you never have to use your plan, it is a good practice to have one in place to help reduce the stress of the unexpected. This packet will help everyone create a Family Preparedness Plan, regardless of immigration status. However, because of the additional challenges immigrant and mixed status families face, we also have additional advice for immigrants.

- **INFO** What do I need to know if the DACA program ends? | September 2017
  On September 5, 2017, President Trump directed the U.S. Department of Homeland Security (DHS) and U.S. Citizenship and Immigration Services (USCIS) to phase out and eventually end Deferred Action for Childhood Arrivals (DACA) over
two and a half years. This community advisory lays out what this means for DACA recipients, those with pending applications, those who need to renew their DACA, and more.

- **INFO** Other DACA Information
  Deferred Action for Childhood Arrivals (DACA) is an immigration option for undocumented immigrants who came to the United States before the age of 16. Although DACA does not provide a pathway to lawful permanent residence, it does provide temporary protection from deportation, work authorization, and the ability to apply for a social security number.

- **CONTACTS** Community Resources for Immigrants | March 2017
  Immigrant Legal Resource Center’s main focus is to educate and assist attorneys and legal advocates in their work to help immigrants. Unfortunately, although our organization’s main goal is to work for equal access to fair and just laws, we do not directly represent clients and we are not able to provide individual legal consultations. In an effort to ensure clients receive the assistance and guidance they may be seeking, we have developed a resource packet, which includes contact information for some of the organizations that serve the people of the Bay Area. Although resources may not be available to the Central Coast region, you may find some helpful information regardless of the area.

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**AMERICAN CIVIL LIBERTIES UNION OF NORTHERN CALIFORNIA**

- **[ARTICLE]** For the Resistance: A Sanctuary Toolkit | March 2017
  This toolkit is designed to help you advocate in your community for laws and policies that ensure that your local institutions do not cooperate in an immigration dragnet and in the targeting of religious communities. You will find here model policies that can be adopted by County Boards of Supervisors, City Councils, Sheriff’s Departments, Police Departments, and Public School Districts and Colleges and Universities. They are meant to serve as a guide for you as you work with your local officials to craft the best policies for your community.

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**AMERICAN IMMIGRATION LAWYERS ASSOCIATION**

- **[ARTICLE]** It’s not illegal to seek asylum | April 2017
  The American Immigration Lawyers Association is the national association of immigration lawyers established to promote justice, advocate for fair and reasonable immigration law and policy, advance the quality of immigration and nationality law and practice, and enhance the professional development of its members.
[HANDOUTS] **Know Your Rights: If ICE Visits a Home, Employer, or Public Space** | April 2017
Now available in English, Spanish, Arabic, Chinese, and Portuguese, AILA’s Know Your Rights handouts address the following scenarios: ICE worksite raids (for employers), ICE home visits, and ICE public stops.

[HANDOUTS] **Know Your Rights Information for Asylum Seekers** | July 2016
To help families and individuals who recently entered the United States seeking refuge from violence and persecution, AILA offers information in English and Spanish on rights and responsibilities throughout the asylum process.

[HANDOUTS] **Knowledge Is Power, Protect Your Rights** | November 2016
President-elect Donald Trump pledged to crack down on immigration, deport undocumented immigrants, and end the DACA initiative but the timing and scope of any changes to current policies remain unclear. Share these Consumer Alerts, available in English and Spanish, to help educate immigrants on their rights during these uncertain times.

[HANDOUTS] **Consumer Advisory: What You Need to Know About End of DACA** | September 2017
On 9/5/17, President Trump announced that the Deferred Action for Childhood Arrivals (DACA) program will be ending. While Congress may act and pass a permanent protection for Dreamers, here is what you need to know right now.
LawHelp.org helps people of low and moderate incomes find free legal aid programs in their communities, answers to questions about their legal rights and forms to help them with their legal problems. LawHelp.org also provides referrals to local legal aid and public interest law offices, basic information about legal rights, court forms, self-help information, court information, links to social service agencies, and more in your state.

- **[MAP]** Legal Assistance Map and Search Engine
  This interactive map and search engine that will help you find legal assistance near you.

- **[INFO]** Other Legal Information Information
  - Asylum, Refugee, and Special Immigrant Juvenile (SIJ)
  - Citizenship through Military Service
  - Deportation, Removal, and Detention
  - Discrimination For Immigration Status or National Origin
  - Employment Petitions
  - Family Petitions
  - Immigrants & Domestic Violence
  - Naturalization/Citizenship
  - Permanent Residence/Green Cards
  - Public Benefits for Immigrants

The California Immigrant Policy Center (CIPC) is a constituent-based statewide immigrant rights organization. It is the premiere immigrant rights institution in the state that promotes and protects safety, health and public benefits and integration programs for immigrants, and one of the few organizations that effectively combines legislative and policy advocacy, strategic communications, organizing and capacity building to pursue its mission.

- **[CHART]** Overview of CA Values Act (SB 54)
  These prohibitions apply to local and state law enforcement agencies, excluding state prisons, unless otherwise noted.
In the days ahead, we will release deeper analysis of the implications for DACA grantees living in California. For now, we are urging everyone in the community to: 1. Get informed; 2. Get involved; and 3. Take care of yourself. To that end, we have compiled information and resources that contain all of the following: 1. information on the key policy issues impacting the lives of DACA grantees, including drivers’ licenses, employment and travel abroad; 2. upcoming events, rallies and actions to join the movement to prevent the deportation of grantees; and 3. mental health and other resources available to current grantees.

CALIFORNIA RURAL LEGAL ASSISTANCE, INC. (CRLA)

http://www.crla.org/

SALINAS  831-757-5221
3 Williams Road, Salinas, CA 93905

WATSONVILLE  831-724-2253
21 Carr Street, Watsonville, CA 95076

HOLLISTER  831-724-2253
310 4th Street, Hollister, CA 95023

California Rural Legal Assistance, Inc. (CRLA) is a nonprofit legal service program created to help California’s low-income individuals and communities. We represent all types of individuals and communities. We have offices from the Mexican border to Northern California. CRLA Fast Facts

OTHER LEGAL ASSISTANCE

[INFO] Immigration Attorneys and Agencies / Abogados y Agencias de Inmigración | March 2017
This is a list of attorneys, agencies and other resources who state they provide services for a particular kind of issue or legal problem. Esta es una lista de abogados, agencias, y otros recursos quienes dicen que proveen servicios sobre temas o problemas legales particulares.

[INFO] Find Legal Advice
Learn about immigration attorneys and accredited representatives of a recognized organization.

[INFO] Find Legal Representation
Find recognized and accredited programs and free legal service providers.

[INFO] Obtain Assistance with Immigration-Related Employment Discrimination
Visit the Department of Justice’s Immigrant and Employee Rights Section to learn more.
We all want Monterey County to be a place where children succeed, people are financially stable and each of us can all lead healthy, productive lives. To achieve these goals, UWMC is focused on helping families achieve Financial Stability. We do this in a variety of ways. First, we’re helping families access quality, affordable Child Care and Housing. In addition, we provide connections - for people searching for help as well as those who want to give their time and talent to solve problems.

- [INFO] Community Benefits: Post-Election Frequently Asked Questions | March 2017
  Servicios de Asistencia Pública: Preguntas y Respuestas Después de La Elección (Español)

Our mission is to assist families to empower themselves to be healthy and self sufficient. We offer services including assistance with translation and completion of miscellaneous forms and applications, information and referrals, family support groups, adult education, behavior health counseling, and more.

- Do you need help filling out forms or completing applications? Please call our office for your free appointment. We are open Monday-Thursday, 8AM-8PM.
  - Medical, unemployment, job applications, housing, various forms and paperwork
- Necesita ayuda completando formas y aplicaciones? Favor de llamar nuestras oficinas para una cita gratis. Estamos abiertos de lunes a jueves, 8AM-8PM.
  - Medical, desempleo, aplicaciones de trabajo, aplicaciones de viviendas, varias otras formas
### IMMIGRATION TASK FORCE (MONTEREY COUNTY)

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<td><img src="image" alt="Immigration Task Force" /></td>
<td><a href="https://itfmontereycounty.org">https://itfmontereycounty.org</a></td>
<td><a href="">831-643-5225</a> (24/7 Monterey County Hotline to report ICE activity)</td>
<td><a href="mailto:info@itfmontereycounty.org">info@itfmontereycounty.org</a></td>
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The Immigration Task Force of Monterey County is a group of concerned individuals who believe that the umbrella of our Constitution guarantees specific inalienable rights to everyone living in this country. We seek to educate local immigrant families of their legal rights, and to help protect them when these rights are violated.

### CABRILLO COLLEGE’S DREAM RESOURCE PROGRAM

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<td><a href="http://www.cabrillo.edu/services/equity/dreamers.html">http://www.cabrillo.edu/services/equity/dreamers.html</a></td>
<td><a href="">831-477-3381</a></td>
<td><a href="mailto:equity@cabrillo.edu">equity@cabrillo.edu</a></td>
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**CABRILLO COLLEGE’S DREAM RESOURCE PROGRAM**

Cabrillo College offers resources to support students who are California Dreamers. Their website provides information and resources for students to navigate the educational and legal challenges they may face.

### CATHOLIC CHARITIES DIOCESE OF MONTEREY

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<td><a href="http://catholiccharitiescentralcoast.org">http://catholiccharitiescentralcoast.org</a></td>
<td><a href="">831-393-3110</a></td>
<td>[922 Hilby Ave, Seaside, CA 93955](mailto:922 Hilby Ave, Seaside, CA 93955)</td>
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The Mission of Catholic Charities of the Diocese of Monterey is to provide specified human services to the poor and disadvantaged, to promote social justice, peace, human dignity, self-determination and self-sufficiency in accordance with the Gospel and Catholic Social Justice Teachings and to cooperate with other individuals and groups of goodwill to strengthen our communities.

### MONTEREY COUNTY RAPID RESPONSE TEAM

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<td><img src="image" alt="MONTEREY COUNTY RAPID RESPONSE TEAM" /></td>
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We are trained legal observers who aim to defend undocumented residents from ICE detentions and raids. We employ best practices for the legal, safety, video documentation and organizational aspects of being peacefully present at a detention scene. Go to the website to request training information.
The United Farm Workers Foundation's mission is to open the doors of opportunity to working people and their communities. Our Service Centers are safe havens that provide critical resources and services—such as credible immigration legal advice—and act as hubs for educational outreach. The Civic Participation Program engages farm workers and Latinos in the democratic process by telling their story and advocating for more equitable policies. The “Si Se Puede® Network,” aligns farm worker-serving organizations and provides a national infrastructure to maximize our collective impact.

- [INFO] Choosing a Legal Representative for your Immigration Case
  Cómo escoger un representante legal para su caso de inmigración (Español)

- [INFO] Know Your Rights: What to do if you come into contact with ICE or the police
  Conozca Sus Derechos: Qué hacer si inmigración toca su puerta (Español)
The Monterey County Health Department exists to enhance, protect and improve the health of the people in Monterey County. To accomplish this, the Department provides a wide variety of health-related services in the areas of public health, environmental health, behavioral health and clinic services.

**SERVICE DESCRIPTIONS**

- **SELF-PAY DISCOUNTS PROGRAM / CHARITY CARE PROGRAM** Natividad Medical Center offers various self-pay discount and charity programs. Under these programs, patients pay a reduced portion of NMC bills.

- **HOSPITAL PRESumptIVE ELIGIBILITY (HPE)** A hospital issued Medi-Cal program that focuses on providing immediate access to needed health care services while putting people on a path to ongoing coverage. HPE will provide temporary, no cost Medi-Cal benefits for up to 2 months and is only available once during any one-year time frame.

- **MEDI-CAL ACCESS PROGRAM FOR PREGNANT WOMEN (MCAP)** (MCAP) provides middle-income pregnant women with comprehensive coverage at low cost with no copayments or deductibles for its covered services.

- **BREAST AND CERVICAL CANCER TREATMENT PROGRAM (BCCTP)** This program is offered to individuals who have been diagnosed with breast and/or cervical cancer. The program includes treatment and follow up care services.

- **PRESUMPTIVE ELIGIBILITY (PE) FOR PREGNANT WOMEN** A Medi-Cal program that provides immediate coverage for low-income pregnant women for 2 months while they apply for Medi-Cal, including Restricted Medi-Cal.

- **RESTRICTED MEDI-CAL PROGRAMS** Restricted Medi-Cal Programs are for individuals who are ineligible for Medi-Cal but who require medical attention due to a medical emergency.
MONTEREY COUNTY CLINICS

Federally qualified health centers offer a sliding scale free schedule for individuals at 200% or below the Federal Poverty Level.

Alisal Health Center
📞 831-769-8800
🏠 559 E Alisal, Ste 201, Salinas, CA 93905

Laurel Vista
📞 831-755-4000
🏠 1441 Constitution Boulevard, Building 400, Ste 301, Salinas, CA 93906

Laurel Family Practice
📞 831-755-4123
🏠 1441 Constitution Boulevard, Building 400, Ste 300, Salinas, CA 93906

Laurel Internal Medicine
📞 831-769-8640
🏠 1441 Constitution Boulevard, Building 151, Ste 16, Salinas, CA 93906

Laurel Pediatric Clinic
📞 831-755-4124
🏠 1441 Constitution Boulevard, Building 200, Ste 103, 101 Salinas, CA 93906

Monterey County Clinic at Marina
📞 831-384-1445
🏠 3155 DeForest Road, Marina, CA 93933

Seaside Family Health Center
📞 831-899-8100
🏠 1156 Fremont Boulevard, Seaside, CA 93955

HEALTHCARE COVERAGE

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<th>Medi-Cal Eligibility Chart for 2018</th>
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If you exceed the income brackets noted, you may be eligible for CoveredCA.

💻 www.CoveredCA.com
📞 1-800-300-1506 (English)
📞 1-800-300-0213 (Spanish)

If you qualify for Medi-Cal, contact the Monterey County Department of Social Services or the Monterey County Health Department to access your healthcare coverage.

SALINAS
📞 (866) 323-1953
🏠 1000 South Main St, Salinas, CA 93901

SEASIDE
📞 866-323-1953
🏠 1281 Broadway Ave, Seaside, CA 93955

KING CITY
📞 866-323-1953
🏠 116 Broadway St, King City, CA 93930
ESPERANZA CARE OF MONTEREY COUNTY

📞 1-800-533-4742
🏠 1525 Rollins Rd, Ste B, Burlingame, CA 94010 (Pacific Health Alliance)
🏠 1441 Constitution Blvd, Salinas, CA 93906 (Natividad Medical Center)
🏠 1270 Natividad Rd, Salinas, California 93906 (MC Health Department)

The program replaces and expands upon the County’s “Pilot Project for the Uninsured” and has an enrollment limit of 3,500 residents. The program is available to residents who make less than 138 percent of the Federal Poverty Level (FPL), who do not qualify for full-scope Medi-Cal and who have no other insurance. The program is offered to adults ages 19 and older and does not require information on immigration status. The program is currently scheduled to end on June 30, 2018 or sooner if funding is exhausted.

Application Process:
Residents who wish to be enrolled in Esperanza Care must complete an application and attest to their eligibility. Applications can be obtained from the Monterey County Health Department, Natividad Medical Center or from Pacific Health Alliance by calling 1-800-533-4742.

Accessing Healthcare Under the Esperanza Program:
To access care, enrollees must initially see a primary care provider at one of the Monterey County Health Department clinic locations. The primary care provider may refer enrollees for covered services available at Natividad Medical Center: specialty clinics, laboratory and radiology services. Selected prescriptions may be covered through Walgreens.

FAMILY SERVICE AGENCY OF THE CENTRAL COAST

💻 http://fsa-cc.org
📞 831-423-9444
🏠 104 Walnut Avenue, Suite 208, Santa Cruz, CA 95060

Family Service Agency of the Central Coast believes in the power and potential of people of all ages and backgrounds to discover their own creative solutions. Our professional staff and volunteers provide the resources, support, and counseling services essential to healthy families and communities. Since 1957 we have been providing counseling, suicide prevention, and supportive services to those in Monterey, Santa Cruz, and San Benito Counties. We welcome people of diverse cultures, genders, sexual orientations, ages, faiths, socio-economic backgrounds, and abilities as clients, volunteers, and staff members.
The National Alliance on Mental Illness Monterey County is the local affiliate for the nation's largest grassroots mental health organization. NAMI provides education, support and information to those affected by mental illness, and it advocates for people with mental illness and their families.

PROGRAMS & SUPPORT (All classes are FREE! Call now for registration!)

- **NAMI Family-to-Family classes (Monterey Peninsula and Salinas):** A course for family members to better understand their loved one living with a mental illness.

- **NAMI Familia-a-Familia classes (Salinas and South County):** A Spanish course for family members to better understand their loved one living with a mental illness.

- **NAMI Persona-a-Persona (Salinas):** A Spanish course for individuals living with a mental health challenge—depression, anxiety, bipolar, schizophrenia. A chance to learn more about their mental illness and interact with Peers who understand.

- **NAMI Family Support Group:** NAMI Family Support Group is a free confidential support group for family members, friends, and partners of loved ones living with a mental illness in a compassionate environment. We meet on the 1st and 3rd Saturday of every month from 3:00 to 4:30 p.m at our office in Salinas.

- **Connection Recovery Support Group:** A free, peer-led group for adults living with a mental health challenge. Each group is led by trained individuals who have lived experience in mental health. Come find support, understanding, and hope. NAMI Connection meets on the 1st Saturday of every month from 2:00 to 3:30 p.m. in Monterey.

- **NAMI Provider Education:** A course for professionals- medical providers, social workers, counselors, teachers, psychologists, and more! Provides a comprehensive view of mental illness. Taught by a team of NAMI trained professionals who work in the mental health field, family members and individuals affected by mental illness. NOW AVAILABLE as a 4-hour training!

OTHER HEALTH RESOURCES

- **INFO** Health coverage for immigrants

  Immigrant families have important details to consider in the Health Insurance Marketplace. You’ll find information on rules and options for immigrants on these pages.
• **[GUIDE]** California Health Care Resource Guide for Undocumented Immigrants
  Guía de recursos de salud para inmigrantes indocumentados en California (Español)
  Hispanics Organized for Political Equality (HOPE) is a non-profit, nonpartisan, organization committed to ensuring political and economic parity for Latinas through leadership, advocacy and education to benefit all communities and the status of women. For the past 15 years HOPE has advocated for access to quality affordable healthcare. HOPE understands the financial predicaments undocumented immigrants face when seeking health care. Thus, this resource guide provides a comprehensive list of affordable healthcare options. The resource guide includes services rendered, health care provider contact information, and types of fees.

• **[TIPS]** Children Exposed to Violence: Tips for Agencies Working with Immigrant Families
  This resource provides tips for agencies working with immigrant families who may encounter cases of children being exposed to violence.
VULNERABLE GROUPS

YWCA MONTEREY COUNTY

The YWCA Monterey County is dedicated to eliminating racism, empowering women and promoting peace, justice, freedom and dignity for all.

- [SHELTER] Lawson Safehouse: Domestic Violence Shelter For Women And Children
  The YWCA safe house is a refuge for domestic violence survivors. The only confidentially located safe house in Monterey County provides clients with a clean, informative, healthy and respectful environment. Our staff serve as mentors and guides to support clients on their path to healing, independence and empowerment.

THE NATIONAL DOMESTIC VIOLENCE HOTLINE

At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

RAINN

RAINN (Rape, Abuse & Incest National Network) is the nation’s largest anti-sexual violence organization. RAINN created and operates the National Sexual Assault Hotline (800.656.HOPE) in partnership with more than 1,000 local sexual assault service providers across the country and operates the DoD Safe Helpline for the Department of Defense. RAINN also carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.
LOVEISRESPECT

Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Highly-trained advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. We also provide information and support to concerned friends and family members, teachers, counselors, service providers and members of law enforcement. Free and confidential phone, live chat and texting services are available 24/7/365.

MONARCH SERVICES

Monarch Services was founded in 1977, when volunteers secured a grant to open the safe shelter, Mariposa House. The agency continued to grow to meet the need for safe shelter and services to domestic violence victims. Monarch Services offers immediate crisis response to victims of domestic violence and sexual assault through our 24-hour crisis line.

IMMIGRANT LEGAL RESOURCE CENTER

As a national expert, the Immigrant Legal Resource Center (ILRC) provides technical assistance, trainings and practice manuals on critical immigration options for vulnerable immigrants including immigrant victims of domestic violence, human trafficking and other crimes.

• [INFO] U Visa/T Visa/VAWA
  U Visa: Immigration Relief for Survivors of Domestic Violence and Other Crimes
  Immigrant victims of certain crimes who have been helpful in a criminal investigation or prosecution may qualify for a visa that can lead to a green card. SB 674 is a new California law that took effect on January 1, 2016. The goal of this law is to ensure that all immigrant crime victims in California have equal access to immigration status through the U visa.
VAWA: Immigration Relief for Survivors of Domestic Violence and Other Crimes

VAWA allows an abused spouse or child of a U.S. Citizen or Lawful Permanent Resident or an abused parent of a U.S. Citizen to self-petition for lawful status in the United States, receive employment authorization, and access public benefits. VAWA provides domestic violence survivors with the means that are essential to escaping violence and establishing safe, independent lives.

T Visa: Immigration Relief for Survivors of Sex or Labor Trafficking

Human trafficking survivors may be eligible for lawful status, employment authorization, and a potential path to permanent residency, but they are a unique population with diverse and resource-intensive needs.

- **[REFERENCE CHART]** [Immigration Relief for Immigrant Survivors of Abuse: Comparative Quick Reference Chart | July 2017](#)
  
  This reference chart provides a quick comparison between the most common forms of relief for immigrant survivors of abuse: VAWA, U visas, T visas, Special Immigrant Juvenile Status, and Asylum.

- **[INFO]** [T Visas: What They Are and How They Can Help Your Clients | May 2017](#)
  
  This practice advisory is designed to introduce legal workers to the T visa. It outlines T visa eligibility requirements, discusses the advantages of applying for T visas over other forms of humanitarian immigration relief, and analyzes how President Trump's recent executive orders impact applicants.

- **[FAQ]** [Post-Election Q&A for Advocates and Attorneys Serving Immigrant Survivors of Gender-Based Violence | November 2016](#)
  
  This Question and Answer (Q&A) addresses potential changes in a Trump administration, written for domestic violence and sexual assault advocates and attorneys who are serving immigrant survivors of gender-based violence. This information may change as we learn more about the plans of the incoming administration.

- **[INFO]** [Special Considerations for LGBTQ Immigrants | December 2016](#)
  
  Lesbian, Gay, Bisexual, and Transgender (LGBT) immigrants often face unique challenges due to their sexual orientation or gender identity. Some flee persecution in their home countries or have experienced discrimination and trauma in the United States. Others need assistance in changing their gender marker on official documents or navigating a family-based immigration case.

- **[INFO]** [Marriage Equality in Immigration Law: Immigration Benefits for Same-Sex Married Couples | August 2013](#)
  
  This practice advisory summarizes the immigration benefits for same-sex spouses after the U.S. Supreme Court decision in United States v. Windsor declared section 3 of DOMA (Defense of Marriage Act) unconstitutional. It covers family-based petitions (including VAWA) and nonimmigrant visas for same-sex spouses and children.
Walnut Avenue Family & Women’s Center (Walnut Avenue) provides support and services so that women, children, and families will have the opportunities and skills to thrive. Walnut Avenue is dedicated to improving the quality of life for women, children, and families in Santa Cruz County for over 80 years. Strengths-based, supportive programs in childcare, youth development, parenting, domestic violence awareness & prevention, and advocacy are our primary focus. Many of the families participating in Walnut Avenue programs are from under-served populations due to poverty, early pregnancy, homelessness and/or domestic violence.

Community Solutions is a non-profit, multi-cultural agency that has provided comprehensive human services to South Santa Clara County and the surrounding areas for over forty years. Community Solutions’ Solutions to Violence (STV) Division is dedicated to providing proactive and progressive services in response to intimate partner abuse, sexual assault, CSEC, and human trafficking.

The Office on Women’s Health (OWH) was established in 1991 within the U.S. Department of Health and Human Services (HHS). OWH coordinates women’s health efforts across HHS and addresses critical women’s health issues by informing and advancing policies, educating health care professionals and consumers, and supporting model programs.

- [ARTICLE] Laws on Violence Against Women | September 2015

The U.S. Congress has passed two main laws related to violence against women, the Violence Against Women Act and the Family Violence Prevention and Services Act.
Teaching Tolerance, a project of the Southern Poverty Law Center, provides free resources to educators—teachers, administrators, counselors and other practitioners—who work with children from kindergarten through high school. Educators use our materials to supplement the curriculum, to inform their practices, and to create civil and inclusive school communities where children are respected, valued and welcome.

- **[WEB PACKAGE] Supporting Students From Immigrant Families | 2017**
  Browse this collection of resources for anyone who teaches, mentors and helps open the doors of opportunity for immigrant and refugee children currently living in the United States.

- **[ARTICLE] Ten Myths About Immigration | 2017**
  When it comes to immigration, there is a lot of bad information flying around. Help students become critical consumers and locate reliable sources so they can bust immigration myths when they encounter them.

In support of its mission, NASFAA will pursue and promote, in principle and practice, the diversity and inclusion of its membership to represent the profession and the students we serve. NASFAA promotes a culture of diversity and inclusion by encouraging involvement and access regardless of race, ethnicity, gender, religion, age, sexual orientation, nationality, disability, appearance, geographic location, professional level or institution type.

- **[FAQ] Tip Sheet for Undocumented Students | 2013**
  Undocumented students face unique challenges in their quest to obtain postsecondary education. This tip sheet is designed to help this population with some of the pressing questions they have while contemplating whether or not they can enroll in school.
Naturalization is an important milestone in the path toward U.S. citizenship. The decision to apply for citizenship is a very personal one. To help you prepare, many community organizations and social service providers, including USCIS grant recipients, offer citizenship classes and assistance with the naturalization process. Search by zip code or address to find an English and/or citizenship class offered by USCIS grant recipients in your area.

Teachers, volunteers, and other adult educators play a critical role in helping immigrants prepare for U.S. citizenship. USCIS has developed a variety of resources to support these efforts. In this section, you will find information on the naturalization process and test and other supplemental classroom-based materials. Professional development opportunities and other learning options are also available.

As a trusted institution in immigrant families’ lives, schools can play a critical role in ensuring immigrant families have access to important information and resources during these turbulent and scary times. This document contains tips on what schools can do to help.
FOOD ASSISTANCE

CALFRESH

CalFresh is a nutrition program that can help households buy healthy foods. In California, CalFresh used to be known as the Food Stamp Program, and nationally, the program is called SNAP. CalFresh benefits are issued on an EBT card that works like a debit card and can be used at most grocery stores and many farmer’s markets to purchase food.

- [GUIDE] Applying for CalFresh in Monterey County

MONTEREY COUNTY FOOD BANK

The Food Bank for Monterey County provides emergency supplemental food to 1 in 5 Monterey County residents—90,000 different people annually. For every dollar donated, we are able to provide $8 worth of food and 95 cents of every dollar goes directly to programs and services.

- [SCHEDULE] Food distribution sites and times

MEALS ON WHEELS

Meals on Wheels programs deliver nutritious meals, friendly visits and safety checks to America’s seniors to ensure that they can live healthy, happy and independent lives at home, where they want to be. Click to find your local MOW Chapter and sign up for meals.
SECONm HARVEST FOOD BANK (SANTA CRUZ COUNTY)

 Founded in 1972, Second Harvest’s mission is to end hunger and malnutrition by educating and involving the community. Through our network of more than 200 agencies and programs and over 3,000 volunteers, over 8 million pounds of food are distributed annually to working poor families, children, and seniors.

- [HOTLINE] Community Food Hotline, at (831) 662-0991, 8 am- 4:00 pm Monday-Friday
  The Community Food Hotline provides information & support to people who need food.

WOMEN, INFANTS, AND CHILDREN (WIC)

- MONTEREY (MAIN) 831-796-2888
  632 East Alisal Street, Salinas, CA 93905

- SEASIDE 831-393-3251
  1942 Fremont Blvd, Seaside, CA 93955

- KING CITY 831-386-6879
  620 Broadway St, Suite N, King City, CA 93930

- SOLEDAD 831-678-5121
  355 Gabilan Dr, Soledad, CA 93960

WIC (Women, Infants and Children) is a nutrition education and supplemental food program that helps pregnant and postpartum women, infants and children under 5 to eat well and stay healthy. Program staff provide nutrition education and counseling; breastfeeding education and support. WIC is a federally funded program by the USDA.

WIC provides vouchers to mothers of young children and pregnant women for specific foods and are accepted at many local grocery stores. WIC coupons can be used at many farmers’ markets.
San Benito Community Food Bank is a nonprofit organization that provides supplemental, nutritious food to children, seniors, and low-income families. With your help, and with the thousands of hours volunteers contribute each year, 97 cents out of every dollar we receive goes directly to our food programs. During 2015, our food programs helped an average of 4,000 people every month. We delivered 25,000 bags of food to folks who are physically unable to visit our pantries. We packed and delivered over 6,000 weekend backpack bags for children. And we distributed over 6,000 emergency drought-relief boxes.

- **[INFO]** Food Assistance Programs

### FOOD ASSISTANCE IN SANTA CRUZ COUNTY

- **Community Bridges Live Oak Family Resource Center** Case/Care Management for Families, Childbirth Education, Health Insurance Information/Counseling, Mentoring Programs for Youth and Probationers, Ongoing Emergency Food Assistance for Families with Children, Paralegal Counseling, Parenting Education, Specialized Information and Referral for Families. 1740 - 17th Avenue Santa Cruz, CA 95062 (831) 476-7284 [www.cbridgescbridges.org/liveoak.html](http://www.cbridgescbridges.org/liveoak.html)

- **California Grey Bears, Inc:** Operation Brown Bag (serves 9,000 lunches annually) provides free bags of nutritious produce for anyone over age 55 each week or 50 years old with Social Security/Disability benefits.

- **Calvary Episcopal Church - Coffee House:** Serves an evening meal to homeless youth every Monday, serving 100 meals per week.

- **Calvary Episcopal Church - Food Pantry:** Distributes food twice a month to nearly 200 people, representing nearly 400 families, many of which are homeless or handicapped. Last year, nearly 50,000 pounds of food was given out.

- **Catholic Charities:** Family Supportive Services program provides timely assistance to the needy, homeless, and working poor families and individuals facing such obstacles as rent/eviction situations, utility shut-off, food and lodging needs, transportation problems and other emergencies of day-to-day living.

- **Community Action Board:** Shelter Project direct services to people living in or near poverty who have no other resources available. This includes motel vouchers, residential assistance payments to landlords/mortgage holders to prevent eviction or foreclosure, voicemail service to homeless people to maintain communication with family or employers, and an information and referral service.

- **Community Bridges - Meals on Wheels:** provides an average of 400 daily home delivered meals to senior citizens, disable non-seniors and people with AIDS who face the most challenging of circumstances. Last year, the program provided 107,251 home delivered meals to eligible shut-in residents in Santa Cruz County.
• **Encompass Community Services - River Street Shelter & the Independent Living Program (ILP):** The shelter is a 32-bed homeless shelter for both men and women. The ILP provides rental assistance, counseling and support for foster care youth, ages 16-21.

• **Community Bridges Family Resource Centers:** Distributes emergency food twice a month to low-income families that include disabled, seniors and veteran residents. Nearly 95% of those accessing the pantry are at or below the poverty level and approximately 32% have children 0-5 years old.

• **Nueva Vista Community Resources** in Santa Cruz

• **Mountain Community Resources** in Felton

• **Live Oak Community Resources** in Live Oak

• **La Manzana Community Resources** in Watsonville

• **Community Action Board ~ Davenport Resource Center**

• **Homeless Services Center** is a nonprofit organization that has a variety of services and transitional housing programs.

• **New Life Community Services:** Serves homeless families with children in need of emergency shelter, and they also provide food and nutrition services through distribution and curbside meal service in areas of special need. Last year they served 2,038 unduplicated clients between their shelter and food programs.

• **Pajaro Valley Loaves & Fishes:** Provides a hot lunch, five days a week year round to the homeless and very low income population of the Pajaro Valley, including working poor families with children, migrant farm workers, elderly, disabled, and mentally ill individuals. Additionally, they operate a pantry program.

• **Pajaro Valley Shelter Services:** The shelter is open all day, every day; providing 90 days of occupancy after which the clients are transitioned into stable housing or into the organization’s transitional housing program where they work closely with a case manager and develop skills to help them manage their money.

• **Second Harvest Food Bank:** Operates as a donated food clearinghouse in addition to operating their own food assistance programs. They serve approximately 43,000 clients a month which is equal to about 424,580 meals per month.

• **Siena House Maternity Home of Santa Cruz County:** Provides food, shelter and help in accessing adequate medical care to women who are pregnant and homeless. Additionally they provide a program of interactive education including pre and post-natal care, child development, bonding and attachment, nutrition, forming and sustaining healthy relationships and stress management.

• **St. Francis Soup Kitchen:** Their food program for the needy delivers free nutritious hot lunches, Monday through Friday, all year long. Last year the program served 41,932 meals.

• **Walnut Avenue Women’s Center:** Provides emergency shelter for battered women and children through hotel or safe home placements. Their food program provides emergency food and education to women, children and families who participate in one of their agency’s five programs.
CONSULATE GENERAL OF MEXICO IN SAN JOSE

- [ ] [https://consulmex.sre.gob.mx/sanjose](https://consulmex.sre.gob.mx/sanjose)
- [ ] 1-408-294-3414
- [ ] 302 Enzo Drive, Suite 200, San Jose, CA 95138
- [ ] app: MiConsulMex

El Consulado General de México en San José, California atiende los Condados de Santa Clara, Monterey, Santa Cruz y San Benito. Se estableció en 1968 para atender la demanda de servicios consulares al sur de la bahía de San Francisco y en el valle de Salinas.

Entre los servicios que este Consulado ofrece se encuentran documentación a mexicanos (matrículas consulares, pasaportes, actas de nacimiento) y visas a extranjeros que visitan nuestro país. Además de poderes notariales, actos de registro civil, cartillas militares, servicios legales y de protección consular, apoyo a las comunidades organizadas de origen mexicano, promoción cultural, etc.

CONSULATE GENERAL OF EL SALVADOR IN SAN FRANCISCO

- [ ] [http://consuladosanfrancisco.rree.gob.sv](http://consuladosanfrancisco.rree.gob.sv)
- [ ] 1-415-771-8524 or 1-415-771-8530
- [ ] 507 Polk Street, Suite 280, San Francisco CA 94102
- [ ] consuladosanfrancisco@rree.gob.sv

El Consulado General Consulado General de El Salvador en San Francisco atiende el condado de Monterrey.

WEB SITES OF FOREIGN EMBASSIES IN THE U.S.

- [ ] [https://www.state.gov/s/cpr/32122.htm](https://www.state.gov/s/cpr/32122.htm)

The following is a list of known websites for foreign embassies in the U.S. Find contact information for an embassy or consulate for your country.