Parent Resources Directory
2018
Introduction

All comments on how to improve this directory are welcomed. It is hoped that as the directory is used, agencies will help us to complete the information fields listed here by using the addition, change and correction form on page 60 and submitting it, as may be convenient by email, fax or telephone.

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#### Neighborhood Multipurpose Centers
MARINA COMMUNITY CENTER - PROGRAM: Community Services

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SUNRISE HOUSE - PROGRAM: Teen Closet

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PACIFIC GROVE PUBLIC LIBRARY - PROGRAM: Library Services
SALINAS PUBLIC LIBRARY - PROGRAM: Library Services

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Agency: 1-877-BABY-SAFE

Description: State program provides parents who wish to relinquish voluntary custody of their newborns the contact information for Safe Surrender Baby site locations in their area.

Website: http://www.babysafe.ca.gov/

Address: No physical address

Toll free: 877-222-9723 877-BABY-SAFE, Baby Safe Surrender Program

Program: Safely Surrendered Baby Law

Description: Provides parents, who wish to relinquish voluntary custody of their newborns, the contact information for Safe Surrender Baby site (Safe Haven) locations in their area.

At the time of surrender, a bracelet is placed on the baby for identification purposes and a matching bracelet is provided to the parent or lawful guardian. A parent or person with lawful custody has up to 14 days from the time of surrender to reclaim their baby. The baby will be placed in a foster or pre-adoptive home. State of California provides protection from criminal liability for parents who safely relinquish their infants to a Safe Haven location.

Eligibility: Infant must be surrendered within 72 hours of birth.

Fees: No fee

Toll Free: 877-222-9723

Agency: ALCOHOLICS ANONYMOUS - MONTEREY BAY AREA INTERGROUP (AA)

Description: A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Address: 1015 Cass Street, Suite 4, Monterey

Phone: 831-373-3713 Main Number

Agency: ALCOHOLICS ANONYMOUS-SALINAS VALLEY AREA INTERGROUP (AA)

Description: A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

Website: http://www.aasalinas.org

Address: 9 West Gabilan Street, Suite 11, Salinas

Phone: 831-424-9874 Main Number

Agency: ALISAL FAMILY RESOURCE CENTER

Description: Community family resource center network which offers a wide range of family-centered services to families through three different locations.

Website: http://www.alisalfrc.org/

Address: 1441 Del Monte Avenue, Salinas

Phone: 831-775-4500 Alisal Community School Site
Program: ESL Courses
Description: Provide community members access to free, self-paced English Language courses. From beginning level to more advanced levels, the course provides all materials and access to child care as well.
Eligibility: Open to all.
Fees: No fee
Phone: 831-775-4500

Program: General Health Care Assistance Programs
Description: Provides human services to families residing in East Salinas. Services include:
- Information and referral (regarding health, social services, employment, education, etc.)
- Assistance in completing forms
- Coordination with city and county nonprofit agencies to provide many services in East Salinas at the Alisal Family Centers and/or on school campuses
Eligibility: Must be families residing in Alisal (East Salinas).
Fees: No fee
Phone: 831-775-4500

Program: Plaza Comunitaria
Description: Provides Adult Basic Education for Spanish-speaking adults and out-of-school youths in partnership with the Mexican Consulate. Students receive certification for primary and secondary school levels from the Department of Education.
Eligibility: Must be Spanish speaking adults or out-of-school youths.
Fees: No fee
Phone: 831-775-4500

Program: Women's Health Counseling
Description: Offers information on a series of different topics that support women's health, well-being, and safety, including domestic violence awareness and education.
Eligibility: Open to all women throughout the community.
Fees: No fee
Phone: 831-775-4500

Program: Health Insurance Counseling and Advocacy Program (HICAP)
Description: Provides information, counseling, and low income assistance to consumers regarding the Medicare program, Medi-gap insurance, long-term care insurance, and other health insurance issues related to Medicare.
Eligibility: Must be a senior aged 65 or older, or adults (aged 18 or older) with disability.
Fees: No fee
Phone: 800-434-0222
Agency: **AMERICAN RED CROSS OF THE CENTRAL COAST**

**Description:** Nation's emergency response agency which provides relief to victims of disasters and helps people prevent, prepare for and respond to emergencies.

**Website:** [http://www.redcross.org/centralcoast](http://www.redcross.org/centralcoast)

**Address:** Eighth Avenue at Dolores Street, Carmel By The Sea

**Phone:** 831-624-6921 Main Number

---

Agency: **ARMY COMMUNITY SERVICE (ACS)**

**Description:** Military organization supports the readiness and well-being of Soldiers and their Families, Civilian Employees, and Retirees. Provides a wide range of services designed to assist the unit in maintaining a high state of readiness for deployment at any time. The visions are self-sufficient Army Families, safe homes, cohesive communities, and enhanced readiness.

**Website:** [http://pom-acs.com](http://pom-acs.com)

**Address:** 4260 Gigling Road, Seaside

**Phone:** 831-242-7660 Main Number

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Agency: **ASI COUNSELING AND PROFESSIONAL SERVICES INCORPORATE**

**Description:** Community based agency which provides mental health counseling and educational services for individuals, groups, private and public agencies. Focuses on anger management, domestic violence, and parenting classes.

**Address:** 21 West Laurel Drive, Suite 59, Salinas

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Agency: **BIG SUR HEALTH CENTER**

**Description:** Licensed, nonprofit community clinic which provides primary and preventative medical services, urgent and emergency care, minor surgical procedures, basic laboratory testing, specialty lipid counseling and hospice support.

**Website:** [http://bigsurhealthcenter.org](http://bigsurhealthcenter.org)

**Address:** 46896 Highway 1, Big Sur

**Phone:** 831-667-2580 Main Number

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Agency: **BLIND AND VISUALLY IMPAIRED CENTER (BVIC)**

**Description:** Nonprofit organization provides free services to visually impaired adult residents of Monterey County.

**Website:** [www.blindandlowvision.org](http://www.blindandlowvision.org)

**Address:** 225 Laurel Avenue, Pacific Grove

**Toll free:** 800-404-3505 Main Number, within Monterey County

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Agency: **BOYS AND GIRLS CLUBS OF MONTEREY COUNTY**

**Description:** Nonprofit organization whose mission is to inspire and empower the youth of Monterey County to realize their full potential to become
responsponsible, healthy, productive and successful citizens.

Website:  www.bgcmc.org
Address:  1332 La Salle Avenue, Seaside
Phone:  831-394-5171 Seaside

Agency: CABRILLO FAMILY RESOURCE CENTER

Description:  Community based agency which provides support and educational tools and resources to parents, grandparents and childcare providers of children age birth-5 and women who are pregnant.
Address:  1450 Elm Avenue, Seaside
Website:  http://www.mpusd.k12.ca.us/cms
Community Liaison:  831-899-4879

Program: Play and Learn Class

Description:  Provides parenting classes focused on positive parent/child interaction, child development, parenting skills, family literacy, and having fun.
Eligibility:  Children up to 5 years old; Adults may be parents, grandparents, or childcare providers; No preregistration required.
Fees:  No Fee
Community Liaison:  831-899-4879

Agency: CALIFORNIA RELAY SERVICE

Description:  A public program mandated by the California State Legislature and administered by the California Public Utilities Commission (CPUC), provides access to basic telephone service for Californians who have difficulty using the telephone.
Website:  http://www.ddtp.org
Address:  1333 Broadway, Suite 500, Oakland
Toll free:  800-806-1191 English Line

Program: California Telephone Access Program (CTAP)

Description:  Distributes free specialized phones to make calling easier for all eligible California residents. Provides amplified phones, big button phones, phones with lights that flash for incoming calls, portable phones, and other phones that are specially designed for individual who has difficulty using a standard phone.
Eligibility:  Must be a California resident with a certified disability.
Fees:  No fee. All equipment is on loan until no longer needed by the client.
Toll free:  800-806-1191

Agency: CALIFORNIA STATE DEPARTMENT OF REHABILITATION / MONTEREY COUNTY

Description:  State agency which assists individuals with physical and/or mental disabilities in returning to work.
Agency: CASA DE LA CULTURA CENTER

Description: Dedicated to promoting culturally sensitive activities of health, assist in basic needs, and economic help though collaborative activities with the residents of the Pajaro area and other organizations of the community.

Address: 225 Salinas Road 4A, Pajaro
Administration/Main: 831-763-0702

Agency: CASTRO PLAZA CHILD AND FAMILY RESOURCE CENTER

Description: Community based agency whose mission is to improve the quality of life and strengthen the individuals, children and families of the North Monterey County area.

Address: 10601 McDougall Street, Castroville
Phone: 831-633-5975

Agency: CATHOLIC CHARITIES OF THE DIOCESE OF MONTEREY

Description: Nonprofit organization that supports individuals and families of all cultures and faiths, with programs to help them rise out of poverty and provides resources to ensure that they can become self-reliant, contributing citizens.

Website: http://catholiccharitiescentralcoast.org
Address: 922 Hilby Avenue, Suite C, Seaside
Phone: 831-393-3110

Program: Family Supportive Services

Description: Offers Hope in Home (short term) and Pathways to Stability (long term) programs for financial stability. Also provides CalFresh and MediCal application and follow up assistance, Nutrition Education and Physical Activity program to the community.

Hope in Home short term assistance is offered only from November to February. Services include: client's needs assessment, short term goal setting and individualized support, financial education, one time direct assistance towards a portion of first month rent, past due rent, past due electricity, gas, or water, and referrals and assistance navigating other local services.

Pathways to Stability is a long term program (6-9months) that supports participants in achieving financial stability. The program provides: individual and group support, financial education & coaching, as well as assistance navigating other local services.

Eligibility: Must be an adult, aged 18 or older.
Fees: No fee
Phone: 831-393-3110
Agency: CENTRAL CALIFORNIA ALLIANCE FOR HEALTH

Description: A regional nonprofit health plan that was developed to improve access to health care for lower income residents. Using the State’s County Organized Health System (COHS) model, we serve members in Santa Cruz, Monterey and Merced counties.

Website: http://www.ccah-alliance.org
Address: 950 East Blanco Road, Suite 101, Salinas
Phone: 831-755-6000 Administration

Program: Medi-Cal Access Program (MCAP)

Description: Provides pregnant women with comprehensive coverage for a low cost with no copayments or deductibles for its covered services, and their newborns may be covered by the Medi-Cal Access Infant Program for up to two years, unless the baby is enrolled in employer sponsored insurance or no-cost Medi-Cal or their income no longer qualifies on the infant’s first birthday.

Eligibility: Must be pregnant women who
1) do not have health insurance and whose income is too high for no-cost Medi-Cal, or
2) have other health insurance plans that does not cover maternity services or with a maternity-only deductible or copayment greater than $500.

Please check program eligibility requirements on the Alliance website at www.ccah-alliance.org or contact the Monterey County Social Service’s C4Yourself program at: http://mcdss.co.monterey.ca.us

Fees: Varies by program. Please check each program’s information or go to the website www.ccah-alliance.org for links to that information.

Toll free: 800-700-3874 ext 5500

Agency: CENTRAL COAST YMCA

Description: Nonprofit organization strengthens local communities through youth development, healthy living and social responsibility. It serves Monterey, San Benito, and Santa Cruz Counties.

Website: http://www.centralcoastymca.org
Address: 500 Lincoln Avenue, Salinas
Phone: 831-757-4633 Main Number

Program: Health and Wellness

Description: Offers programs and activities encouraging good health. Programs include group exercise classes, personal training, swim lessons (Salinas and Watsonville facilities only), and nutritional counseling.

Eligibility: Must be a YMCA member. Membership opens to all.

Fees: Fees vary; call or walk in for more information.

Phone: 831-757-4633

Program: Sports

Description: Offers seasonal sports activities for the whole family. Age divisions for sports: 3-5; 6-9; 10-13; middle school; high school.

Eligibility: Must be a YMCA member. Membership opens to all.
Program: Summer, Spring and Holiday School Break Camps

Description: Offers day camps for kids to develop new skills, learn core values of caring, honesty, respect, and responsibility and gain self-confidence during summer, spring, and school holiday breaks.

Eligibility: Must be a YMCA member. Membership opens to all.

Fees: Fees are dependent on membership type and location. Call for more information. Financial assistance available.

Phone: 831-757-3811

Agency: CITY OF MONTEREY - RECREATION

Description: City department which provides recreational programs and leisure activities for the community. Specific programs are tailored for different age groups such as youth, teens, adults and seniors.

Address: 546 Dutra Street, Monterey

Phone: 831-646-3866 Main Number

Agency: CITY OF SALINAS RECREATION AND COMMUNITY SERVICES DEPARTMENT

Description: City department which strives to enhance life through high quality recreation, educational, social and cultural programs, and events and leisure activities which are responsive to Salinas’ diverse population. The Department offers a wide range of programs and activities for all ages to create wholesome experiences.

Website: https://www.cityofsalinas.org/our-city-services/recreation-community-services

Address: 320 Lincoln Avenue, Salinas

Phone: 831-758-7306 Main Number

Program: Recreation and Community Services

Description: Offers a wide range of recreation, educational, social and cultural programs, and events and leisure activities to the community. Activities include aquatics, parks, toddlers play school, homework center, computer lab, summer program, Karate classes, citizenship classes, after-school programs, adult/senior bus trips, and other recreational activities and sports.

Eligibility: Open to all. Call or check online for eligibility of individual programs.

Fees: Varies

Phone: 831-758-7306

Agency: CITY OF SEASIDE RECREATION SERVICES DEPARTMENT

Description: City department which provides a variety of recreation and social services.

Website: http://www.ci.seaside.ca.us/index.aspx?page=61

Address: 986 Hilby Avenue, Seaside

Phone: 831-899-6800 Main Number
Program: Recreational Services

Description: Provides recreation and social services to children, teens, senior citizens, handicapped, and adults.

Eligibility: Open to all.

Fees: Fixed fee for use.

Phone: 831-899-6800

Program: Youth Services

Description: Provides enrichment activities for youth. Programs include:
- Tiny Tot University Preschool
- After school program
- Intersession camps
- B.J. Dolan Youth and Education Center
- Pattullo Swim Center
- Youth sports and fitness classes
- Seaside Youth Resource Center

Eligibility: Must be youth, age 18 and younger.

Fees: Call for more information.

Phone: 831-899-6808

Agency: CLINICA DE SALUD DEL VALLE DE SALINAS (CSVs)

Description: Nonprofit healthcare organization dedicated to providing comprehensive health care to men, women and children with an emphasis on farm worker families and the agricultural community.

Website: http://www.csvs.org

Address: 440 Airport Boulevard, Salinas

Phone: 831-757-8689 Main Number

Program: Child Healthcare

Description: Provides child healthcare such as well child examination for children.

Eligibility: Must be Medi-Cal recipient, or meet low income requirements.

Fees: Free or sliding scale fee.

Phone: 831-674-5344

Program: Dental Care

Description: Provide comprehensive dental care to men, women and children with an emphasis on farm worker families and the agricultural community.

Eligibility: Open to all.

Fees: Third party insurance payments including Denti-Cal (very limited) and Healthy Families insurance. Sliding scale available, must meet income guidelines.

Phone: 831-633-1514
**Program: Family Planning Program**

**Description:** Provides STD checkups, pap smears and information on family planning to those who are sexually active and would eventually want a family.

**Eligibility:** Open to all.

**Fees:** No fee for planning services, Blood tests fees vary.

**Phone:** 831-757-8689

**Program: General Medical Services**

**Description:** Provides comprehensive care to children, women, and men. Services include: family health care, family planning, well child, adolescent and adult care, nutrition and health education, immunizations, walk-in immunizations, prenatal education, HIV counseling, mammograms, x-rays, ultrasound, EKG, CHDP-well child examination for children.

**Eligibility:** Open to all.

To qualify for CHDP-child health screenings services, families must meet low-income guidelines.

**Fees:** Third party insurance payments. Accept Medi-Cal and most insurances for medical and dental services. Special income based programs including: Family PACT for family planning services, BCCCP for Women’s Cancer Screenings. VFC for children’s immunizations. Sliding scale available upon proof of income.

**Phone:** 831-633-1514

**Program: Good Vision Program**

**Description:** Provides discounted eye exams and prescription glasses/contact lenses for children and adult.

**Eligibility:** Must be uninsured or underinsured individuals or families in need of vision care.

**Fees:** Sliding scale available. Kids under 12, $90. (Uninsured children could qualify for free services). Kids older than 12 years old and adults, $110. Individuals who require bifocals, $130. **Price includes glasses and eye exam**

**Phone:** 831-757-8689

**Agency: COMMUNITY BENEFITS OF MONTEREY COUNTY (CB)**

**Description:** County agency provides temporary public assistance services and benefits to assist eligible residents of Monterey County meet their basic needs.

**Website:** [http://mcdss.co.monterey.ca.us/benefits/](http://mcdss.co.monterey.ca.us/benefits/)

**Address:** 1000 South Main Street, Salinas

**Phone:** 866-323-1953 Toll Free Information Line

**Program: CalFresh**

**Description:** Provides assistance to eligible residents by allowing them to purchase healthy and nutritious foods. Benefits are issued monthly on an Electronic Benefit Transfer (EBT) card that is used like a debit card to purchase food at participating retailers.

**Eligibility:** Based on citizenship/immigration status, income and household size. Call for information.
Program: CalWORKS Cash Assistance Program

Description: Assists families towards a path of work and self-sufficiency. Provides temporary financial assistance to economically disadvantage families with dependent children. Benefits are based on household size, family income, and resource.

Eligibility: Families with dependent children. Based on household size, family income, and resources or property.

Fees: No fee

Phone: 866-323-1953

Program: General Assistance (GA)

Description: Provides temporary cash assistance for unemployed single adults and couples. General Assistance payment is considered a loan. Recipients who are not disabled must seek employment, and are required to repay county funds.

Eligibility: Must be an unemployed single adult, or couples.

Fees: No fee

Phone: 866-323-1953

Program: MC Choice

Description: Promotes outreach, enrollment, retention, and utilization of Healthy Families and Medi-Cal program benefits for families through Monterey County. Outreach workers will help families to:
- Enroll children in the Medi-Cal program.
- Retain their Medi-Cal benefits.
- Assist families to complete Medi-Cal renewals.
- Refer families to other local agencies for services.
- Provide general information on applying for Covered California.
- Referred Families to Certified Covered California Enrollment Agencies.

Eligibility: Call for eligibility of individual programs.

Fees: No fee

Phone: 831-796-1700

Program: Medicaid/Medi-Cal Program

Description: Provides health care coverage for families or individuals with little or no income. Coverage of services including the standard benefits under the Affordable Care Act.

NOTE: Effective May 16, 2016, immigrant children under 19 years old without legal documentation are now eligible for full-scope Medi-Cal coverage.

Central California Alliance for Health is the local Managed Care Plan provider for Medi-Cal in Monterey county.

Eligibility: Must be low income individuals reside in California and intend to stay in California. Individuals who are undocumented and over 19 years old can only receive Medi-Cal benefits limited to emergency and pregnancy related services.

Fees: No fee

Phone: 866-323-1953
Agency: COMMUNITY HOMELESS SOLUTIONS
Description: Nonprofit organization provides a continuum of care in ending the cycle of homelessness and domestic violence.
Website: http://www.communityhomelesssolutions.org
Phone: 831-384-3388 Main Number

Program: Intact Family Program
Description: Offers a 6 two-bedroom unit (18 bed capacity) for homeless, dual-parent families and homeless single fathers with children.
Eligibility: Homeless dual-parent families or homeless single fathers with children.
Fees: No fee
Phone: 831-384-3388

Agency: COMMUNITY HOSPITAL OF THE MONTEREY PENINSULA (CHOMP)
Description: Nonprofit healthcare provider which serves Monterey Peninsula and surrounding communities. Dedicated to identify and meet the changing healthcare needs through locations including the main hospital, outpatient facilities, satellite laboratories, a mental health clinic, a short-term skilled nursing facility, Hospice of the Central Coast, and business offices.
Website: http://www.chomp.org
Address: 23625 Holman Highway, Monterey
Phone: 831-624-5311 General Information

Program: Grief Support Groups
Description: Provides support groups for individuals who have suffered from the loss of a loved one.
Eligibility: Open to all individuals who have suffered from the loss of a loved one and are looking for support.
Fees: No fee
Phone: 831-624-5311

Agency: COMMUNITY HOUSING IMPROVEMENT SYSTEMS AND PLANNING ASSOCIATION INC (CHISPA)
Description: Private nonprofit developer strives to improve people's lives and create healthy neighborhoods by developing, selling, owning and managing affordable homes.
Website: http://www.chispahousing.org
Address: 295 South Main Street, Suite 100, Salinas
Phone: 831-757-6251 Main Number

Program: Chispa Housing Management, Inc (CHMI)
Description: Provides affordable rentals for individuals, families and seniors. Most of the CHISPA's rental properties accept Section 8 vouchers.
Eligibility: Must meet income guidelines-varies per property. Senior Sites-must meet age requirement.
Fees: No fee for information and referral services.
Phone: 831-757-6251 ext 150

Agency: COMMUNITY HUMAN SERVICES (CHS)
Description: Nonprofit organization provides substance abuse, mental health counseling, parent education programs and homeless youth services to middle and low income individuals and families in Monterey.
Website: http://www.chservices.org
Address: 2560 Garden Road, Suite 201-B, Monterey
Phone: 831-658-3811 Main Number

Program: Drug and Alcohol Intervention Services for Youth (DAISY)
Description: Provides intervention and education services for substance abusing youth. Services include: motivation, goal setting, drug refusal skills, social support network, planning for emergencies, coping with relapse, problem solving, anger awareness, anger management, effective communication, coping with cravings, managing depression.
Eligibility: Must be a youth in 6th-9th grades.
Fees: No fee
Phone: 831-658-3811

Program: Family Service Center
Description: Provides general counseling, prevention and intervention services for individuals, groups and families, with a special emphasis on serving at-risk youth. This can include:
- Psychotherapy
- Runaway/homeless youth program
- School-based counseling programs
- Crisis counseling and referrals
- Substance abuse counseling
Also provides supervision for court ordered child custody visitation meetings.
Eligibility: Open to all.
Fees: Sliding scale fee for low-income. Accepts third party payments and Medi-Cal.
Phone: 831-757-7915

Program: Family to Family
Description: Provides interventions for families with children at risk of being placed in foster care and offers family support recommendations. Also recruits foster homes support for county.
Eligibility: Families with children at risk of being placed in foster care.
Phone: 831-757-7915

Program: Mental Health Services
Description: Offers affordable mental health counseling for adults, children, couples, and families. Counseling is provided by licensed therapists
Program: Parent Education Program

Description: Supports and educates parents of at-risk children and families in crisis by providing parents with new skills and tools so they can parent their children with love, commitment and safety.


Fees: No fee

Phone: 831-757-7915

Program: Safe Place

Description: Provides youth drop-in center for runaway, homeless and at-risk youth. Services include:
- Hot meals
- Recreation
- Health education
- Peer counselor training
- Drug and alcohol counseling
- Family reunification
- Crisis resolution
- Home placement
- Food vouchers and Brown Bag meals
- Hygiene kits

Eligibility: Counseling: must be aged 18 and under. Street Outreach: must be aged 21 and under.

Fees: No fee

Phone: 831-241-0914

Program: Super Kids and Super Teens

Description: Offers a school-based counseling programs for elementary, middle school and high school children at sites throughout Monterey County. Aims to identify and address troubling issues and teach coping skills through individual and group counseling, using traditional and creative therapeutic techniques.

Eligibility: Must be a child, aged 5-17.

Fees: No fee

Phone: 831-757-7915

Agency: COMMUNITY PARTNERSHIP FOR YOUTH (CPY)

Description: Nonprofit organization which offers prevention program for healthy alternatives to drug, gangs and violence.

Website: http://www.cpy.org

Address: 775 Kimball Avenue, Suite 101, Seaside

Phone: 831-394-4279 Main Number
**Program: Afterschool Mentor/Tutor Program, Summer Youth Development**

**Description:** Offers enrichment programs for a healthy alternatives to drugs, gangs and violence while reinforcing strengths.

Programs include:
- Afterschool Mentor/Tutor Program (offered in participating schools in Seaside and Monterey)
- Five-week all-day Summer Program
- Middle School Leadership/Life Skills Program
- High School Leadership/Life Skills/Job Preparation Program
- Seven-week Strengthening Families Parenting Program
- Visual and Performing Arts Academy

**Eligibility:** Must be a child in 1st grade or older. Age and other criteria apply, call for details.

**Fees:** $15 a month. Will accept a donation on top of fee.

**Phone:** 831-394-4279

**Agency: DOOR TO HOPE**

**Description:** Nonprofit organization founded in 1971, which provides comprehensive range of behavioral health services in Monterey County to help families restore hope and rebuild their lives-enriching communities.

**Website:** [http://www.doortohope.org](http://www.doortohope.org)

**Address:** 130 West Gabilan Street, Salinas

**Phone:** 831-758-0181 Main Number

**Agency: EAST SALINAS FAMILY CENTER**

**Description:** Strives to help children and youth succeed academically and in life through tutoring, homework assistance, mentoring, teaching of life skills, and active participation in sports and positive recreational activities.

**Website:** [http://www.umc.org/find-a-church/church/77176](http://www.umc.org/find-a-church/church/77176)

**Address:** 995 North Madeira Avenue, Salinas

**Program: After School Recreation Program**

**Description:** Provides after school recreation programs in sports such as soccer, relay races, softball, and other outdoor games. Other activities such as watching movies, playing various board and video games, playroom, contests, and other activities are provided.

**Eligibility:** Youths (aged 7-17).

**Fees:** No fee

**Phone:** 831-757-6504 ext 3

**Agency: FLEET AND FAMILY SUPPORT CENTER**

**Description:** The military community's primary resource for information and referral of services on the Monterey Peninsula. Mission is to support the military's operational readiness by providing a wide range of services and assistance that responds to personal and family needs and that positively impact the quality of life for our service members and their families.

**Website:** [http://www.nps.edu/FFSC/](http://www.nps.edu/FFSC/)
Program: Military Family Advocacy Program

Description: Provides families with a variety of advocacy services that provide assistance with individual and marital issues, domestic violence, communication and stress issues, parenting issues and referral to community services.

Eligibility: Active duty military personnel and their families.

Fees: No Fee

Phone: 831-656-3060

Agency: FOOD BANK FOR MONTEREY COUNTY

Description: Nonprofit organization acts as a primary food resource clearinghouse for a network of 125 active nonprofit agencies.

Website: http://www.food4hungry.org

Phone: 831-758-1523 Main Number

Eligibility: Open to all. Some sites have zip code requirement if specified in the description table.

Fees: No fee

* Indicates USD

Program: Food Assistance - Carmel

Description: Distributes food to people in need throughout Monterey County.

ALL SAINTS EPISCOPAL CHURCH
9th Avenue & Dolores Street, Carmel, CA 93923
831-624-3883
Monday-Thursday 9am-noon & 1pm-4pm
Friday 9am-12:30pm

CARMEL PRESBYTERIAN CHURCH
Corner of Junipero Street & Ocean Avenue, Carmel, CA 93923
831-624-3878
Monday-Friday 11am-4pm

CARMEL MISSION BASILICA
3080 Rio Road, Carmel, CA 93923
831-624-1271
Monday-Friday 2pm-4pm

ST PHILIP’S LUTHERAN CHURCH *
8065 Carmel Valley Road, Carmel, CA 93923
1st Friday 9:30am-10:30am

OUR LADY OF MT CARMEL CHURCH
9 El Caminito Road, Carmel Valley, CA 93924
831-659-2224
Wednesday 10am-noon

RIPPLING RIVER APARTMENTS *
53 Carmel Valley Road, Carmel, CA 93924
831-758-1523
1st Friday 10:30am-11am
Program: Food Assistance - Castroville

Description: Distributes food to people in need throughout Monterey County.

OUR LADY OF REFUGE CATHOLIC CHURCH
11140 Preston Street, Castroville, CA 95012
831-633-4015
3rd Tuesday 10am-11am

NORTH COUNTY CHRISTIAN CENTER
11299 Poole Street, Castroville, CA 95012
831-633-3416
Wednesday 6:30pm-8pm

NORTH COUNTY RECREATION CENTER *
11261 Crane Street, Castroville, CA 95012
(Corner of Pomber)
1st Thursday 9:30am-10:30am

CENTRO AVIVA IGLESIA DE JESUSCRISTO
11351 Geil Street, Castroville, CA 95012
831-345-6217
Friday 7pm-8pm

Program: Food Assistance - Chualar

Description: Distributes food to people in need throughout Monterey County.

LIGHT OF THE VALLEY
25588 Jackson Street, Chualar, CA 93925
831-442-4630
3rd Wednesday 5pm-7pm

CHUALAR ELEMENTARY SCHOOL *
24285 Lincoln Street, Chualar, CA 93925
2nd Thursday noon-1pm

Program: Food Assistance - Gonzales

Description: Distributes food to people in need throughout Monterey County.

ST THEODORE'S CHURCH *
116 South Belden Street, Gonzales, CA 93926
2nd Thursday 9:30am-10:30am

GONZALES COMMUNITY CHURCH
340 Day Street, Gonzales, CA 93926
ID required
Saturday 10am-11am

Program: Food Assistance - Greenfield

Description: Distributes food to people in need throughout Monterey County.

GREENFIELD AMERICAN LEGION *
615 El Camino Real, Greenfield, CA 93927
1st Tuesday 10am-noon
GREENFIELD UNITED METHODIST CHURCH
237 9th Street, Greenfield, CA 93927
831-613-3446
3rd Friday 11am-noon

HOLY TRINITY CHURCH
27 South El Camino Real, Greenfield, CA 93927
831-674-5428
Last Friday 10am-noon

Program: Food Assistance - King City

Description: Distributes food to people in need throughout Monterey County.

KING CITY FAIRGROUNDS *
625 Division Street, King City, CA 93930
2nd Wednesday 10am-11:30am

LOAVES & FISHES at King City Fairgrounds
625 Division Street, King City, CA 93930
Friday (November-April) 10am-11am

KING CITY COMMUNITY FOOD PANTRY
126 Bassett Street, King City, CA 93930
Friday (April-November) 10am-11am

* Indicates USDA sites, which operate out of mobile food bank trucks at designated locations and times.

Program: Food Assistance - Marina

Description: Distributes food to people in need throughout Monterey County.

MARINA COMMUNITY CENTER *
211 Hillcrest Avenue, Marina, CA 93933
1st Monday 9:30am-10:30am

SVDP – ST JUDES CHURCH
303 Hillcrest Avenue, Marina, CA 93933
831-384-5434
Serves zip code 93933 only, ID required.
1st, 3rd, 5th Wednesday 10am-11am

THOMAS CARMAN FOOD PANTRY
425 Carmel Avenue, Marina, CA 93933
ID required
Tuesday 5pm-7pm
Saturday 9am-11am

MARINA CHURCH OF GOD OF PROPHECY
226 Carmel Avenue, Marina, CA 93933
831-884-3262 / 831-884-3261
Last Friday 5pm-7pm

HOLY ASSEMBLY CHURCH
3305 Abdy Way, Marina, CA 93933
3rd Saturday 10am-noon
Program: Food Assistance - Monterey

Description: Distributes food to people in need throughout Monterey County.

SHORELINE COMMUNITY CHURCH *
2500 Garden Road, Monterey, CA 93940
1st Friday 10am-11am

SHORELINE COMMUNITY CHURCH
2500 Garden Road, Monterey, CA 93940
831-655-0100 ID required
Tuesday & Thursday (Available once a month) 12:30pm-2:30pm

CALVARY CHAPEL OF MONTEREY BAY
3001 Salinas Monterey Highway, Monterey, CA 93940
831-649-1158
Wednesdays & Sundays 9am-1pm

FORT ORD ENVIRONMENTAL JUSTICE NETWORK
1106 Airport Road, Monterey, CA 93940
831-277-5241
Tuesdays 2pm-5pm

Program: Food Assistance - Moss Landing

Description: Distributes food to people in need throughout Monterey County.

HARBOR CHAPEL
620 Dolan Road, Moss Landing, CA 95039
Monday-Friday 9am-5pm

Program: Food Assistance - Pacific Grove

Description: Distributes food to people in need throughout Monterey County.

ST ANGELA'S CHURCH *
161 9th Street, Pacific Grove, CA 93950
1st Monday 9:30am-10:30am

ST MARY'S BY THE SEA CHURCH
146 12th Street, Pacific Grove, CA 93950
831-373-4441
Monday, Wednesday, Friday 1pm-2:45pm

SVDP – ST ANGELA'S CHURCH
9th street and Lighthouse Avenue,
Pacific Grove, CA 93950
831-655-4160
Serves zip code 93950 only, ID required.
Tuesday, Thursday 1:30pm-2:30pm

Program: Food Assistance - Pajaro

Description: Distributes food to people in need throughout Monterey County.

PAJARO RESCUE MISSION
111 Railroad Avenue, Pajaro, CA 95076
831-722-2074
Monday-Saturday  11am-4pm

PAJARO LIBRARY *
29 Bishop Street, Pajaro, CA 95076
1st Thursday    8:30am-9:30am

Program: Food Assistance - Prunedale

Description:  Distributes food to people in need throughout Monterey County.

PRUNEDALE GRANGE HALL *
17890 Moro Road, Prunedale, CA 93907
1st Wednesday    9am-10am

Eligibility:  Open to all. Some sites have zip code requirement if specified in the description table.

Program: Food Assistance - Salinas

Description:  Distributes food to people in need throughout Monterey County.

VICTORY MISSION
43 Soledad Street, Salinas, CA 93901
831-424-5688
Daily    11am-1pm, 2pm-4pm

COMUNIDAD DE CRISTIANA DE CALIFORNIA
298 East Market Street, Salinas, CA 93901
831-753-1840 (Call first)
Monday-Friday    11am-3pm
last Saturday    10am-1pm

DOROTHY’S PLACE
30 Soledad Street, Salinas, CA 93901
831-757-3838
Monday-Thursday    11am-noon

SVDP – SACRED HEART CHURCH
26 Stone Street, Salinas, CA 93901
831-775-0545
Serves zip code 93901, 93908, 93962 only, ID required.
Monday & Friday    9am-11am

SACRED HEART CHURCH
22 Stone Street, Salinas CA 93901
831-424-1959
ID required
Tuesday-Thursday    1:15pm-2:15pm

CYPRESS COMMUNITY CHURCH
681 Monterey-Salinas Highway, Salinas, CA 93908
831-484-2141
Tuesday-Thursday    8am-5pm

ST ANSGAR’S LUTHERAN CHURCH *
72 East San Joaquin Street, Salinas, CA 93901
3rd Wednesday    8:30am-9:30am

MOUNT NEBO, HISPANIC CHURCH
21 East Lake Street, Salinas, CA 93901
831-585-2228
Every other Thursday  8:30am-9pm

ST PAUL’S EPISCOPAL CHURCH
1071 Pajaro Street, Salinas, CA 93901
831-424-7331
Friday 8am-9am

ST JAMES CME CHURCH
285 Calle Cebu, Salinas, CA93901
831-422-3741
Friday 11am-11:30am

PRIMERA IGLESIA BAUTISTA DEL SUR *
1212 East Alisal Street, Salinas, CA 93905
2nd Monday 4pm-6pm

VINEYARD CHRISTIAN FELLOWSHIP CHURCH *
1122 East Alisal Street, Salinas, CA 93905
3rd Monday 8:30am-9:30am

ST CLARE’S CORNER *
(Program of the Franciscan Workers of Junipero Serra)
715 Jefferson Street, Salinas, CA 93905
Tuesday (Nov-Apr) 9:30am-11:30am

KINGDOM BUILDERS
Mobile Pantry, Salinas, CA 93905
831-229-4802 (Call for appointment)
Tuesday-Thursday 10am-4pm

PRIMERA IGLESIA BAUTISTA DEL SUR
1212 East Alisal Street, Salinas, CA 93905
831-758-5656
Thursday 4pm-6pm

BREADBOX COMMUNITY CENTER *
745 North Sanborn Rd, Salinas, CA 93905
1st & 3rd Thursday 11am-noon

HEBBRON FAMILY CENTER *
683 Fremont Street, Salinas, CA 93905
2nd & 4th Thursday 5pm-6pm

HISPANIC SEVENTH DAY ADVENTIST CHURCH
780 Holly Street, Salinas, CA 93905
408-431-6851
Friday 3pm-5pm

CELEBRATION WORSHIP CHURCH *
595 East Alisal Street, Salinas, CA 93905
(La Paz Park - Wood Street, near Alisal Street)
Saturday 11:30am-1pm

ROYAL FAMILY CHURCH OF GOD
671 E Market Street, Salinas, CA 93905
831-424-4506
2nd & 4th Saturday 11am-1pm

VINEYARD CHRISTIAN FELLOWSHIP CHURCH
1122 East Alisal Street, Salinas, CA 93905
831-444-9231
2nd & 4th Saturday 10am-noon
SALVATION ARMY, SALINAS
2460 North Main Street, Salinas, CA 93906
831-443-9655
ID required   Monday-Friday  9am-11:30am  1pm-4pm

SVDP MADONNA DEL SASSO
320 East Laurel Drive, Salinas, CA 93906
831-422-5324
Serves zip code 93906, 93907 only, ID required.
Monday & Thursday   1pm-2pm

SALINAS VALLEY COMMUNITY CHURCH *
368 San Juan Grade Road, Salinas, CA 93906
4th Tuesday   1:30pm-3:30pm

SALINAS NEW LIFE CHURCH OF THE NAZARENE
800 North Main Street, Salinas, Ca 93906
831-444-6064
Wednesday   Noon-2pm

NORTHSIDE ASSEMBLY OF GOD
55 Natividad Road, Salinas, CA 93906
831-422-1677   2nd & 4th Wednesday 6pm-7pm

ST GEORGE’S EPISCOPAL CHURCH
98 Kip Street, Salinas, CA 93906
831-449-6709
Friday   10am-noon

ECHOES FROM CALVARY CHURCH
1025 Post Drive, Salinas, CA 93907
831-422-2873
ID required
Wednesday   1pm-4pm
Thursday & Friday   9am-4pm

Program: Food Assistance - Seaside/Sand City

Description: Distributes food to people in need throughout Monterey County.

ST FRANCIS XAVIER CHURCH *
1475 La Salle Avenue, Seaside, CA 93955
1st Tuesday   9am-10am

DEL MONTE MANOR, INC *
1466 Yosemite Street, Seaside, CA 93955
4th Tuesday   9:30am-11am

ST FRANCIS XAVIER CHURCH
1475 La Salle Avenue, Seaside, CA 93955
831-394-8546   ID required
Tuesday & Thursday   1:30pm-3pm

SALVATION ARMY, SAND CITY
800 Scott Street, Sand City, CA 93955
831-899-4988
ID required
Tuesday-Thursday   2pm-4pm
Program: Food Assistance - Soledad

Description: Distributes food to people in need throughout Monterey County.

SVDP – OUR LADY OF SOLITUDE CHURCH
235 Main Street, Soledad, CA 93960
831-678-2731
Sunday 9am-5pm

SALVATION ARMY, SOLEDAD
179 Main Street, Soledad, CA 93960
831-678-9952
Serves zip code 93960 only
Monday-Friday 11am-4pm

OUR LADY OF SOLITUDE CHURCH *
235 Main Street, Soledad, CA 93960
2nd Tuesday 10am-noon

SOLEDAD UNITED METHODIST CHURCH
310 Main Street, Soledad, CA 93960
831-678-2716
Serves zip code 93960 only
4th Thursday 5pm-6pm

Program: The Family Market

Description: Provides fresh fruits and vegetables to people in need. It operates like a farmer's market without charge. Families self-select food they like and each household receives approximately 50-100 pounds of food. There is no pre-packed bag, and clients are advised to bring a wagon to pick up the food. Please call 831-758-1523 for the distribution locations and schedules. Program runs between April to October only.

Agency: GATEWAY CENTER OF MONTEREY COUNTY, INCORPORATED

Description: Nonprofit organization provides respite care, residential living, and day activity programs to developmentally disabled adults.

Website: http://www.gatewaycenter.org
Address: 850 Congress Avenue, Pacific Grove
Phone: 831-372-8002 Main Number

Agency: GO KIDS, INC ADMINISTRATIVE OFFICE

Description: A nonprofit agency that envisions communities where every child has the support they need to reach their greatest potential. Works to enhance the lives of children and families through the delivery of comprehensive child development services and community involvement.

Address: 8120 Arroyo Circle, Gilroy
Phone: 408-840-2928 Main Number

Program: Resource Room
Description: Provides materials for parents and providers to create interactive learning games and activities to support their child’s learning at home. Special materials include die cuts, laminating services, and parent instructional videos and books.

Eligibility: Must be a partner provider or complete membership process.

Fees: Fixed fee for membership, $50.

Phone: 831-757-5437

Agency: GONZALES UNIFIED SCHOOL DISTRICT

Description: Local school district which serves the educational needs in City of Gonzales and surrounding areas.

Website: http://www.gonzalesusd.net

Address: 600 Elko Street, Gonzales

Phone: 831-675-0100 Main Number

Agency: HARMONY AT HOME

Description: Nonprofit organization which conducts programs that teach healthy communication within families and helps break the cycle of violence and abuse.

Website: http://www.harmony-at-home.org

Address: 3785 Via Nona Marie, Suite 300, Carmel

Phone: 831-625-5160 Carmel Office

Program: Community Counseling

Description: Offers counseling to individuals, families, couples and children in Carmel and Salinas. Also partners with Boys & Girls Club of Monterey County in Seaside and Salinas to support children and families in the community.

Eligibility: Open to all.

Fees: Sliding fee $60-$95/hr depending on individual’s ability to pay.

Phone: 831-625-5160

Program: Sticks & Stones Program

Description: Offers school-based counseling to provide children with the tools that are necessary to cope with trauma. Program consists of 10 weekly meetings, with groups of 3-5 children, where they learn healthy ways to express their feelings. Program is currently offered at the following school districts: SCESD, AUSD, Spreckels, KCUSD, Sacred Heart, MCHCS and SUHSD. Please call the Carmel or Salinas Office for more information.

Eligibility: Children attending public schools that provide this program.

Fees: No fee to students.

Phone: 831-625-5160

Program: Teen Enrichment Summer Camp

Description: Provides a one-week summer camp for underprivileged teenage girls. Services include counseling, education on healthy lifestyles, and various therapies to meet individual needs.
Eligibility: Girls 14-17 years old which are selected upon a referral.
Fees: No fee, donations requested.
Phone: 831-625-5160

Agency: HARRISON MEMORIAL LIBRARY
Description: Public library for the residents of Carmel.
Website: http://www.hm-lib.org
Address: Ocean Avenue and Lincoln Street, Carmel
Phone: 831-624-1366 Administration

Program: Library Services
Description: Provides full library services, book loan services, reference material, and computer access to the residents of Carmel.
Eligibility: Must be a California resident to apply for a library card.
Fees: No fee
Phone: 831-624-7323

Agency: HARTNELL COLLEGE
Description: Educational institute provides services to meet educational needs of the community.
Website: http://www.hartnell.edu/
Address: 411 Central Avenue, Salinas
Phone: 831-755-6700 Main Number

Program: Successfully Parenting At-Risk Kids (SPARK)
Description: Offers instruction regarding specialized needs of caring for children born drug-exposed or with drug/alcohol issues in their family of origin.
Eligibility: Must have a child in care with drug-exposure.
Fees: Call for fee information.
Phone: 831-755-6807

Agency: HOUSING AUTHORITY OF THE COUNTY OF MONTEREY (HACM)
Description: Independent agency in Monterey County that provides a variety of affordable housing programs and services to eligible families and individuals.
Website: http://www.hamonterey.org
Address: 123 Rico Street, Salinas
Phone: 831-775-5000 Main Number

Agency: KINSHIP CENTER
Description: Nonprofit organization which provides licensed child placement and children's mental health services.
Website: http://www.kinshipcenter.org
Address: 124 River Road, Salinas
**Program: Adoption**

**Description:** Provides informational meetings, preparation for adoption, assessment of readiness, home study, education, placement, ongoing post placement support for adopting children up to 17 years old which includes children from the foster care system, special needs, infant adoptions. Post legal adoption support including support groups and parent education.

**Eligibility:** Adoptive applicants must be over 18 years old and at least 10 years older than the child who is being adopted.

**Fees:** Some services are free and others are fee based, call for details.

**Phone:** 831-455-9965

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**Program: Adoption Preservation Project**

**Description:** Provides family therapy, case management, group therapy, individual rehabilitation, psychological testing, psychiatric evaluation, community or office-based services, 24/7 crisis response for full-service partners.

**Eligibility:** Must be family with adopted child, who has Medi-Cal and is part of the Adoption Assistance Program (AAP).

**Fees:** Third party payments.

**Phone:** 831-455-4705

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**Program: Family Ties**

**Description:** Provides services to relative caregivers including case management, support groups for caregivers and children, counseling, recreational events, in-home assessments, legal guardianship assistance, and parent education.

**Eligibility:** Must be a relative caring for a relative's child.

**Fees:** No fee

**Phone:** 831-455-9965

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**Program: Foster Care**

**Description:** Provides foster care for infants and other children for whom adoption or other permanency option is the plan. Also provides specialized foster care for children with medically fragile conditions and development challenges.

**Eligibility:** Adults must be 18 years of age and at least 10 years older than the foster child being placed. Referrals of children from foster care may come from any county agency.

**Fees:** Fees associated with the state required with documentation to become certified as a foster family.

**Phone:** 831-455-4705

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**Program: Kinship Center Education Institute**

**Description:** Provides training, education, on-line courses and other instruction materials (DVD, articles, books) for child welfare professionals and all adoption, foster care, and relative care family members. Also offers customized training, workshops, and conferences for varied topics. Consultation and one-on-one counseling are available for parents.
and caregivers needing additional support.

Eligibility: Varies on course topic, call for information.
Fees: For services that are free, donations are requested. Sliding fee available for fee based services according to participant’s income. Where applicable, third party payments are accepted.
Phone: 831-455-4729

Agency: LA LECHE LEAGUE OF THE MONTEREY PENINSULA

Description: International, nonprofit, nonsectarian organization dedicated to providing education, information, support, and encouragement to women who want to breastfeed.
Website: http://lllnorcal.org/groups/monterypeninsulaca.html
Address: 3066 Lake Drive, Marina
Phone: 831-373-0555 Main Number

Program: Breastfeeding Support Services
Description: Provides information, support, encouragement, and education to women who want to breastfeed or are currently breastfeeding through 24/7 telephone counseling and once a month group meetings.
Eligibility: Open to all mothers, and mothers-to-be.
Fees: No fee
Phone: 831-373-0555

Agency: LADIES FIRST

Description: Nonprofit organization which provides assistance to at-risk, low income adolescent females as they strive towards excellence by sharing disciplines of pride, self-esteem, empowerment, educational goals, and life skills.
Address: No physical address, Seaside
Phone: 831-869-8053 Main Number

Agency: MARINA COMMUNITY CENTER

Description: Neighborhood recreation center providing many senior and youth events. Also provides a playground and sports court area outside.
Website: http://www.ci.marina.ca.us
Address: 213 Hillcrest Avenue, Marina
Phone: 831-384-6009 Main Number

Program: Community Services
Description: Provides recreational activities for community.
Eligibility: Open to all.
Phone: 831-384-6009
Agency: MEE MEMORIAL HOSPITAL

Description: Community based hospital which provides primary health care and access to comprehensive health service to the Southern Monterey County.
Address: 300 Canal Street, King City
Phone: 831-385-6000 Hospital Main Number

Program: Clinics

Description: Provides comprehensive, non-emergency, primary care services and specialty clinics for all ages.
Eligibility: Open to all.
Fees: Fees vary
Phone: 831-674-0112

Agency: MEXICAN-AMERICAN OPPORTUNITY FOUNDATION SALINAS CHILD DEVELOPMENT CENTER (MAOF)

Description: Nonprofit community based organization which provides child care referral services for all Monterey County residents.
Website: http://www.maof.org
Address: 1210 John Street, Salinas
Phone: 831-424-6939 Administration

Agency: MONTEREY COUNTY BEHAVIORAL HEALTH

Description: Assists Monterey County citizens with mental health and addictive disorders to live successfully in the community. Strives to reduce the social, legal, health, and economic consequences of mental health and addictive disorders.
Website: http://www.mtyhd.org
Address: 1270 Natividad Road, Salinas
Phone: 888-258-6029 Main Number

Agency: MONTEREY COUNTY BEHAVIORAL HEALTH BUREAU, CHILDREN'S DIVISION

Description: County agency which offers a variety of behavioral health services for children, youth, and their families focused on addressing moderate to severe mental health needs.
Website: http://www.mtyhd.org
Address: 951-B Blanco Circle, Salinas
Toll free: 888-258-6029 Main Number

Agency: MONTEREY COUNTY CHILD CARE PLANNING COUNCIL

Description: County agency which promotes safe and affordable child care supported by a partnership of public and private resources.
Website: http://www.mcccpc.com
Address: 901 Blanco Circle, Salinas
Phone: 831-784-4141 Main Number
Program: Childcare Advocacy

Description: Promotes and advocates for quality care and early education throughout all areas of Monterey County. Provides coordinated meetings on a regular basis to improve communication between all types of child care providers, public agencies, community representatives, parents and all those interested in supporting children in child care.

Eligibility: Open to all
Fees: No fee
Phone: 831-784-4141

Agency: MONTEREY COUNTY DEPARTMENT OF CHILD SUPPORT SERVICES

Description: County agency promotes the best interests and well-being of children and families by working to ensure that children receive adequate and appropriate support from both custodial and non-custodial parents.

Website: [http://www.co.monterey.ca.us/mcdcss](http://www.co.monterey.ca.us/mcdcss)
Address: 752 La Guardia Street, Salinas
Phone: 831-755-3200 Administration

Program: Child Support Services

Description: Provides support services to ensure parents who no longer live with their children continue to provide financial support. Services include: locating absent parents, establishing paternity, obtaining and modification of court-ordered child support and medical insurance, and collecting payments pursuant to the awards. Services are available to both welfare and non-welfare families. Enforcement activities involve civil and administrative remedies.

Eligibility: Must be either parent or the caretaker/guardian of a child, or referred by the Welfare Department.
Fees: $25 annual fee may apply
Toll free: 866-901-3212

Agency: MONTEREY COUNTY DEPARTMENT OF SOCIAL SERVICES (DSS)

Description: County agency promotes the social and economic self-reliance of individuals and families through employment services; temporary financial assistance (TANF); social support services; and protective services for children, dependent adults and seniors.

Website: [http://mcdss.co.monterey.ca.us](http://mcdss.co.monterey.ca.us)
Address: 1000 South Main Street, Suite 208, Salinas
Phone: 831-755-4400 Main Number

Program: Covered California Program

Description: Facilitates a marketplace where legal residents of California can review options for and enroll in health insurance coverage. Also provides options for small business owners to provide health insurance coverage to their employees. This program provides a marketplace where potential clients and their family members may get financial assistance to make coverage more affordable and where
they can compare and choose health coverage that best fits their needs and budget.

Under the Affordable Healthcare Act, health insurance coverage cannot be denied or canceled if resident is sick or has pre-existing health conditions.

**Eligibility:**
Please check online at www.coveredca.com or call for eligibility requirement.

**Fees:**
Varies on a case by case basis.

**Toll free:**
800-300-1506

**Program: Denti-Cal**

**Description:**
Provides dental care services to Medi-Cal beneficiaries. This includes: Exams, x-rays, root canals (front teeth), full dentures, cleanings, fillings, and other.

**Eligibility:**
Must be Medi-Cal beneficiaries.

**Fees:**
No fee

**Toll free:**
800-322-6384

**Agency: MONTEREY COUNTY FREE LIBRARIES (MCFL)**

**Description:**
Public Library serving all of the unincorporated areas of Monterey County as well as the incorporated cities of Del Rey Oaks, Gonzales, Greenfield, King City, Marina, Sand City, Seaside and Soledad.

**Website:**
http://www.montereycountyfreelibraries.org

**Address:**
188 Seaside Circle, Marina

**Phone:**
831-883-7573 Main Number

**Program: Library Services**

**Description:**
Provides free access to information, educational and recreational materials and lifelong learning opportunities.

**Eligibility:**
Open to all.

**Fees:**
No fee. Fines for overdue books.

**Phone:**
831-883-7573

**Agency: MONTEREY COUNTY HEALTH DEPARTMENT CLINIC SERVICES DIVISION**

**Description:**
County department ensuring all residents of Monterey County have access to quality healthcare services regardless of ability to pay.

**Website:**
http://www.mtyhd.org/index.php/clinical-services/administration/

**Address:**
1615 Bunker Hill Way, Suite 140, Salinas

**Phone:**
831-796-1386 Administration

**Program: Pediatrics**

**Description:**
Provides comprehensive health care to children ages birth to 18 years of age.

**Eligibility:**
Must be children under 18 years old.

**Fees:**
Third party payments. Sliding fee for the uninsured and those who meet income requirements.
Program: Primary Care

Description: Provides comprehensive primary care medical service to residents of Monterey County regardless of ability to pay.

Eligibility: Must be a Monterey County resident.

Fees: Third party payments. Sliding fee available to the uninsured who meet income requirements.

Phone: 831-769-8800

Agency: MONTEREY COUNTY HEALTH DEPARTMENT WOMEN, INFANTS AND CHILDREN (WIC)

Description: Nutritional support program for low-income pregnant women, infants and children up to age 5, who are at risk of malnutrition by providing food vouchers and information on better eating and health practices.

Address: 632 East Alisal Street, Salinas

Phone: 831-796-2888 Main Number

Program: Breastfeeding Education and Breast Pump Equipment Loan Program

Description: Provides individual breastfeeding counseling and breast pump loan for breastfeeding mothers returning to work or school full time.

Eligibility: Must be currently enrolled in WIC Program.

Fees: No fee

Phone: 831-796-2888

Program: Supplemental Food Vouchers and Nutrition Education

Description: Provides food vouchers, one on one nutrition education and classes, health and nutrition related referrals.

Eligibility: Must be Monterey County Resident, pregnant, breastfeeding or postpartum, with an infant or child age 5 or younger. Income must be within the WIC guidelines.

Fees: No fee

Phone: 831-796-2888

Agency: MONTEREY COUNTY OFFICE OF EDUCATION (MCOE)

Description: County agency which functions as an intermediate service agency between the State Department of Education and local districts.

Website: http://www.monterey.k12.ca.us

Address: 901 Blanco Circle, Salinas

Phone: 831-755-0300 Main Number

Program: Dads In Action

Description: Provides parenting class for all fathers. Helps participants explore their roles within their family and community as men of honor, respect
and love.
Program is available in multiple locations throughout Monterey County. Call for more information.

Eligibility: Must be a father taking care of a child.
Fees: No fee
Phone: 831-755-0846

Program: Head Start & Early Head Start Program

Description: Offers Head Start and Early Head Start program in partnership with Greenfield Unified School District and the Monterey Peninsula Unified School District. Provides early childhood education and comprehensive child and family services to the community. Enrolled children and their families benefit from information and referral services in nutrition, medical, dental, mental health, social services and parent involvement activities. Each child receives a hearing and vision screening and developmental screening during the year.

Eligibility: Must be children (aged birth to 5 years old), pregnant women or children with disabilities. Must meet income guidelines. Revised guidelines for foster children, military families, and children with disabilities, call for more information.
Fees: No fee
Phone: 831-784-4139

Program: Homeless Student Liaison

Description: Facilitates a network of district Homeless Student Liaisons that works together to develop common forms and compatible protocols for identifying and serving students in transitional living situations, as well as training modules for delivery in districts. Individual school districts have student homeless liaisons that identify and serve homeless students.

Eligibility: Homeless students residing in Monterey County.
Fees: No fee
Phone: 831-784-4155

Program: Migrant Education Program

Description: Ensures the children of migrant workers have access to the same free, public education provided to other children. Provides funds to supplement educational and health services to help migrant children and youth succeed in school. Also works with state/local agencies to remove barriers that can discourage migrant children from enrolling in school, from attending school regularly or from achieving the same statewide performance standards that all children are expected to meet.

Eligibility: Children under 22 years of age, of migrant workers. A migrant worker is someone who, in the prior three years, has moved across school district boundaries seeking temporary or seasonal employment in the agriculture, dairy, or fishing industries.
Fees: No fee
Phone: 831-755-6403

Program: Raising a Reader Monterey County (RAR)
Description: Trains educators in Monterey County who then train parents on how to read and the benefits to reading with their children. Programs then send home book bags weekly with 3-4 high quality children’s books in English and Spanish. Also connects the children and families to the local library to continue borrowing books.

Eligibility: Must be children aged birth to 8.

Fees: $110 per child, each year after $35 per child. Grant funding may be available.

Phone: 650-489-0550

Program: Special Education Program

Description: Provides comprehensive expertise, education, support, and tools for students with complex and intensive needs. Also prepares all students to achieve their unique potential as valued and contributing members of their families and society.

Eligibility: Students with special education needs (severely disabled, communicative impaired children with serious emotional disturbances, severe disorders of language, hearing impaired, physically and developmentally delayed, infant program, etc).

Phone: 831-755-0345

Program: Summer Meal Program

Description: Provides breakfast, lunch or snack for children during summer when they are out of school. Please check the location for Monterey County through the link below and you may use the filter above the top right corner of the table to filter location in specific zip code.


Eligibility: Must be children aged 18 or younger. Special eligibility requirement might apply for some locations. Call individual sites for details.

Fees: No fee

Agency: MONTEREY COUNTY PARKS DEPARTMENT

Description: County department dedicated to providing quality recreational facilities for residents and visitors.

Website: http://www.co.monterey.ca.us/government/departments-i-z/resource-management-agency-rma/parks

Address: 1441 Schilling Place, Salinas

Phone: 831-755-4895 Main Number

Program: Recreation

Description: Provides day use and picnicking for individuals and groups at a variety of park locations. Camping facilities available at Laguna Seca recreation area, San Lorenzo Park and Lake Nacimiento. Also provides hiking, rifle and pistol ranges, and rented space for major special events.

Fees: A reservation and use fee may apply to reservations, call for more information.

Toll free: 888-588-2267
**Agency: MONTEREY COUNTY YOUTH MUSEUM**

**Description:** Community based facility which provides an environment where curiosity and creativity flourish, while both children and adults learn together through experience.

**Website:** [http://www.mymuseum.org](http://www.mymuseum.org)

**Address:** 425 Washington Street, Monterey

**Phone:** 831-649-6444 Main Number

**Program: Youth Services**

**Description:** Offers hands-on interactive exhibits and programs for people of all ages explore and discover.

**Eligibility:** Open to all. Children must be supervised by an adult (aged 18 or older).

**Fees:** Fixed admission fee: $8 for adults and children over age 2; free for children under age 2.

**Phone:** 831-649-6444

**Agency: MONTEREY PUBLIC LIBRARY**

**Description:** City agency that offers a range of activities and services which are designed to meet the information and learning needs of patrons and to facilitate their enjoyment of library resources.

**Website:** [http://www.monterey.org/library](http://www.monterey.org/library)

**Address:** 625 Pacific Street, Monterey

**Phone:** 831-646-3933 Main Number

**Program: Library Services**

**Description:** Offers collection of books, newspapers, magazines, CDs, DVDs, online resources, information services, and educational and cultural programs for all ages.

**Eligibility:** Open to all.

**Fees:** Free for Monterey residents.

**Phone:** 831-646-3932

**Agency: NATIVIDAD MEDICAL CENTER**

**Description:** An acute care hospital owned and operated by Monterey County, offering comprehensive inpatient, outpatient, diagnostic, and specialty care with an emphasis on the care of women, children, and families. NMC is the only Level II Trauma Center in Monterey County.

**Website:** [http://www.natividad.com](http://www.natividad.com)

**Address:** 1441 Constitution Boulevard, Salinas

**Phone:** 831-755-4111 Main Number

**Program: Certified Enrollment Entities**

**Description:** Provides assistance to individuals making application to Covered California.

**Eligibility:** Open to all.
Program: Crisis Intervention

Description: Provides free and confidential crisis intervention for individuals experiencing a mental health crisis.

Eligibility: Open to individuals in a mental health crisis.

Fees: No fee

Phone: 831-755-4165

Program: Medical Health Care

Description: Provides full-service, acute care services, rehabilitation services, and medical and surgical specialty care. Full service and acute care services include general and specialty pediatrics, child sexual abuse screening, child health screening, Level II nursery, genetic testing and counseling, high risk obstetrics, diabetic education, CPSP and WIC programs and newborn hearing tests. Rehabilitation services include physical and occupational therapy, speech therapy, audiology, orthopedics, sports medicine and pain management. Medical and surgical specialty care includes cardiopulmonary diagnostics, infectious diseases, AIDS/HIV, ophthalmology, neurology, pulmonary and urology clinics. Hospital based long-term care and mental health units. On-site financial counseling. Family and day care center.

Eligibility: Open to all.

Fees: Third party payments.

Phone: 831-755-4111

Agency: NORTH COUNTY RECREATION AND PARK DISTRICT

Description: Community recreation center offering a variety of services and programs for community members of all ages.

Website: http://www.ncrpd.org

Address: 11261 Crane Street, Castroville

Phone: 831-633-3084 Main Number

Program: Recreational Services

Description: Provides a variety of sports/recreation and leisure activities to the community of Castroville.

Eligibility: Must be residents of Castroville.

Fees: Fixed membership fee. Some classes and activities available for a day use fee.

Phone: 831-633-3084

Program: Youth Services

Description: Provides a variety of youth sport and leisure activities as well as an afterschool program.

Eligibility: Varies by program, call for information.

Fees: Varies by program, call for more information.

Phone: 831-633-3084
Agency: PACIFIC GROVE POLICE DEPARTMENT
Description: Law enforcement agency.
Website: http://www.cityofpacificgrove.org/public-safety/police
Address: 580 Pine Avenue, Pacific Grove
Phone: 831-648-3143 Main Number

Program: Drug Abuse Resistance Education Program (DARE)
Description: Offers a prevention program focusing on skills to help students resist drugs, gangs, and violence.
Eligibility: Elementary and middle schools interested in the program.
Fees: No fee
Phone: 831-648-3143

Agency: PACIFIC GROVE PUBLIC LIBRARY
Description: Public library providing the general reading, life-long learning and informational needs of the people in Pacific Grove.
Website: http://www.pacificgrovelibrary.org/
Address: 550 Central Avenue, Pacific Grove
Phone: 831-648-5760 Main Number

Program: Library Services
Description: Offers books, magazines, audio-visual materials and programs for children. Also answers reference questions, and provides reading aids to people in need.
Eligibility: Open to Pacific Grove residents. Children in 9th grade or lower require parent's signature to obtain a library card.
Fees: Fee for overdue.
Phone: 831-648-5762

Agency: PARTNERS FOR PEACE
Description: Nonprofit organization whose mission building strong families for a peaceful community.
Website: http://www.Partners4Peace.org
Address: 855 East Laurel Drive, Building H, Salinas
Phone: 831-754-3888 Main Number

Program: Strengthening Families Program (SFP)
Description: Offers family education classes that strengthens the family unit, improves communications and promotes healthy development of children. Parents learn tools to effectively parent teens, learn how to set limits and show love. Children learn to resist peer pressure and to set goals.
Eligibility: Must be families with children aged 5-16. Families can self-refer or be referred by courts, probation or school districts.
Fees: $20 material fee, financial assistance available.
Phone: 831-754-3888
Agency: **PEACOCK ACRES, INC**

**Description:** Nonprofit organization dedicated to serving the needs of Monterey County foster youth through group homes and transitional housing.

**Website:** [http://www.peacockacres.org](http://www.peacockacres.org)

**Address:** 838 South Main Street, Suite A, Salinas

**Phone:** 831-754-3635 Main Number

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Agency: **RANCHO CIELO**

**Description:** To motivate and support youth who face multiple risks to gain the skills, self-esteem and confidence they need to be accountable, competent, and responsible citizens of their community. Youth campus is a center for alternative education programming, enhanced education with rich extra-curricular experiences to motivate and support youth in juvenile justice system.

**Website:** [http://www.ranchocieloyc.org/](http://www.ranchocieloyc.org/)

**Address:** 710 Old Stage Road, Salinas

**Administration/Main:** 831-444-3533

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**Program: Youth Services**

**Description:** Offers a variety of activities and services for youth with the emphasis on health, wellness, and positive lifestyle changes through the experience of teamwork, self-discipline, and self-expression.

**Eligibility:** Must be referred by Monterey County Probation, courts, schools and parents.

**Administration/Main:** 831-444-3533

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Agency: **SALINAS ADULT SCHOOL EDUCATION CENTER**

**Description:** Local school which serves the education needs of adults in City of Salinas and surrounding areas.

**Website:** [https://www.salinasuhsd.org/sas](https://www.salinasuhsd.org/sas)

**Address:** 20 Sherwood Place, Salinas

**Phone:** 831-796-6900 Main Number

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**Program: Childbirth Education**

**Description:** Offers childbirth preparedness classes for expecting parents and siblings. Classes include Childbirth in Spanish, Teen Childbirth, Breastfeeding Made Easy, Sibling class, and "My mom is having a baby".

**Eligibility:** Expectant parents.

**Fees:** Fixed course fee of $40. Reduced fee of $15 for participants of WIC or Comprehensive Perinatal Services Program (CPSP).

**Phone:** 831-796-6970

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**Program: Parent and Child Activity Classes**

**Description:** Offers a creative activity and learning setting where parent and child can participate in interactive play together. Services include: Sharing
Times I & II, Baby Gym, Movers and Shakers, Exploring Times, Drop In & Play, Partners In Play, and Grow With Us In The Garden.

Eligibility: Parent/guardian and their young child/children.
Fees: Varies according to the length of sessions.
Phone: 831-796-6970

Program: Parent Education

Description: Supports families as their children grow and develop in language, cognitive, motor, and social/emotional skills. Classes include Sharing Times, Partners in Play, and the Cooperative Preschool. The preschool programs are accredited by the National Association for the Education of Young Children.

Eligibility: Parents/guardians and their young children.
Fees: Varies
Phone: 831-796-6900

Agency: SALINAS PUBLIC LIBRARY

Description: Public library with a collection of more than 300,000 volumes serving the City of Salinas.
Website: http://salinaspubliclibrary.org
Address: 350 Lincoln Avenue, Salinas
Phone: 831-758-7311 John Steinbeck Library

Program: Library Services

Description: Provides a collection of more than 300,000 volumes, which includes books, videocassettes, books on tape, magazines, telephone directories, college catalogs, large print books, Spanish language material, exam study guides, newspapers and a Chicano culture collection. Provides a variety of community services to include tutoring, home library services and reference services, and volunteer opportunities.

Eligibility: Residents of Salinas.
Fees: Book loan and reference services are free. Small fixed fee for copy machine and typewriter use. Fixed fees apply to lost library materials.
Phone: 831-758-7311

Agency: SALINAS VALLEY MEMORIAL HEALTHCARE SYSTEM (SVMHS)

Description: A full service hospital including (but not limited to) an emergency room, outpatient surgery center, respiratory therapy, pediatrics, intensive care, occupational therapy, physical therapy (including back school), heart center, single room maternity center, eye clinic, health promotion (programs on nutrition, cholesterol, weight control, smoking cessation, stress management and exercise) in addition to normal inpatient and diagnostic services, oncology center, children and young adults transitional care unit.
Website: http://www.svmh.com
Address: 450 East Romie Lane, Salinas
Phone: 831-757-4333 Main Number
**Program: Breastfeeding Support Group**

**Description:** Breastfeeding support group for parents who are or hope to breastfeed.

**Eligibility:** No information has been provided by Agency.

**Fees:** No Fee

**Main:** 831-757-4333 ext 2852

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**Program: Health Education**

**Description:** Provides general health education classes for expecting/new mothers, individuals with cardiac/regional heart/pacemakers, menopause, smoking issues programs, healthier lifestyles, and maternity tour. An informative camp is also provided for asthma-diagnosed children.

**Eligibility:** Breastfeeding, Childbirth Classes and maternity tours-available to new expectant parents; other classes open to all.

**Fees:** Fixed fee for breastfeeding Made Easy class and Childbirth Classes.

**Phone:** 831-757-4333

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**Program: Lactation Clinic**

**Description:** Provides outpatient help and information on breastfeeding, lactating newborn. Introduces principles to successful breastfeeding techniques. Addresses breastfeeding concerns, issues and essentials including:
- Sore nipples
- Engorgement
- Plugged ducts
- Preventing Mastitis
- Latch difficulties
- Breast pumps and milk storage
- Nursing bras
- Nursing pillows

**Eligibility:** Mothers of newborns

**Phone:** 831-759-3060

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**Agency: SALUD PARA LA GENTE**

**Description:** Healthcare agency which provides low cost healthcare in Santa Cruz and Monterey Counties.

**Website:** [http://www.splg.org/](http://www.splg.org/)

**Address**
195 Aviation Way, Suite 200, Watsonville

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**Program: Clinics**

**Description:** Provide quality care, continuity of care through agreements, affiliations and referrals to other providers when a particular service is not provided.

**Eligibility:** Call for details.

**Fees:** Fees vary

**Phone:** 831-728-0222
Agency: SALVATION ARMY WATSONVILLE

Description: Nonprofit organization provides support services for the homeless.
Website: http://watsonville.salvationarmy.org/
Address: 214 Union Street, Watsonville, Santa Cruz
Phone: 831-724-3922 Main Office

Agency: SECOND CHANCE YOUTH PROGRAM

Description: Community based counseling agency that works with youth and families at risk for gang and youth violence. Accomplished by incorporating community involvement and awareness through distinct programs in order to direct at-risk youth towards pro-social behaviors and healthy activities. We provide tattoo removal, outreach and specialized curriculums.
Website: http://www.scyp.org
Address: 745 North Sanborn Road, Salinas
Phone: 831-758-2501 Main Number

Program: Cara Y Corazon

Description: Program addresses a wide variety of "cargas" baggage issues that families face to include, teen pregnancy, domestic violence, child abuse, substance abuse, mental health issues, gang violence and other challenges.
Eligibility: No information provided by agency
Phone: 831-758-2501

Program: Fuerzas Project Teen Parent Circle

Description: Is a life skills development program with an emphasis on family strengthening skills for adolescent youth who have recently become parents or have responsibility as a caretaker for their siblings.
Eligibility: No information provided by agency
Phone: 831-758-2501

Agency: SHINE A LIGHT COUNSELING CENTER

Description: Nonprofit organization provides affordable psychotherapy and counseling services in Santa Cruz, Watsonville, Monterey and Saratoga in California.
Website: http://www.shinealightcounseling.com
Address: 1010 Cass Street, Suite C-3, Monterey
Phone: 831-246-0069 Main Number

Program: Counseling Services

Description: Offers affordable counseling and psychotherapy services to individuals, couples, families, and groups.
Eligibility: Open to all. In certain cases, we require collaboration with other health care providers in order to support the client.
Fees: Sliding scale, Beacon Health Strategies, Victims of Crime
Phone: 831-246-0069
**Agency: SHORELINE COMMUNITY CHURCH**

**Description:**
A place of worship as well as various religious and community outreach activities for the community.

**Website:**
http://www.shorelinechurch.org

**Address:**
2500 Garden Road, Monterey

**Phone:**
831-655-0100 Main Number

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**Program: Faith-based Counseling**

**Description:**
Provides a variety of faith-based counseling services.

**Eligibility:**
Open to all.

**Fees:**
No fee

**Phone:**
831-655-0100

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**Agency: SPECIAL KIDS CRUSADE**

**Description:**
Nonprofit organization which develops resources, raises awareness and provides support to children with disabilities and their families in Monterey County. Its programs include: Early Start (0-36 months) Family Resource Center, STAR Adaptive Toy Lending Library, REACH community recreational programs for children with disabilities, including Special Kids social skills development program, Parent Education through workshops, website and e-news, Ability Awareness Trainings, Parent Support Groups and more!

**Website:**
http://www.specialkidscrusade.org

**Address:**
1900 Garden Road, Suite 230, Monterey

**Phone:**
831-372-2730 Main Number

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**Program: Early Start Family Resource Center**

**Description:**
Offers family education, empowerment, and parent professional collaborative activities such as a resource library, parent-to-parent support, workshops and trainings, and a help desk for families of children with disabilities.

**Eligibility:**
Must be families who suspect or have confirmed a diagnosis of developmental disabilities for their birth-36 month old child.

**Fees:**
No fee

**Phone:**
831-372-2730

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**Program: Including Special Kids After School Program**

**Description:**
Provides one-to-one assistive staffing (Inclusion Assistants) to aid special needs children in navigating after-school activities, peer relationships, and learning opportunities in small and large groups.

**Eligibility:**
Children aged 7-18 with developmental disabilities.

**Fees:**
Program is free to consumers through the San Andreas Regional Center. Private pay is also available.

**Phone:**
831-372-2730
Program: REACH Community Programs

Description: Offers children the opportunity to participate in activities and sports that nurture their interests and talents at their own level and their own pace. Helps children develop gross motor skills, enhance cognitive abilities and socialize with peers and adults in nurturing, supportive environments.

Eligibility: Children with special needs.

Fees: Call for fee information.

Phone: 831-372-2730

Agency: SUICIDE PREVENTION SERVICE OF THE CENTRAL COAST

Description: Nonprofit organization which provides 24/7 suicide and crisis phone support to callers in the tri-county area.

Website: http://www.suicidepreventionservice.org

Phone: 831-459-9373 Administration

Agency: SUN STREET CENTERS

Description: Community based organization prevents alcohol and drug addiction by offering education, prevention and recovery to individuals and families, regardless of income level.

Website: http://www.sunstreetcenters.org

Address: 11 Peach Drive, Salinas

Phone: 831-753-5135 Main Number

Program: Prevention Program

Description: Provides a variety of services to community members and their families in order to build awareness and promote action towards resolving community health problems relating to drug and alcohol abuse.

Eligibility: Open to all.

Fees: No fee

Phone: 831-899-6577

Program: Pueblo del Mar Family Recovery Community

Description: Provides a safe, affordable, transitional housing program for homeless women with children, men with children, and families with children. Offers a drug free/alcohol free environment, where residents build social networks and support systems designed to foster positive lifestyles

Eligibility: - Homeless families in recovery with children;
- Legal resident of the United States;
- Parents must have 90 days clean and sober;
- Meets low-income requirement or receives CalWORKs;
- Willing to participate in community events and actively participate in their own recovery.

Fees: Sliding fee

Phone: 831-582-9461
### Program: Safe Teens Empowerment Project

**Description:** Focuses on teen drinking, drinking and driving, and initiated tobacco usage by minors to reduce alcohol-related traffic injuries and deaths.

**Eligibility:** Youth, 18 years of age or younger.

**Fees:** No fee

**Phone:** 831-753-5150

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### Agency: SUNRISE HOUSE

**Description:** Community based organization seeks to help young people in the community and their families reduce violence and crime, their misuse and abuse of drugs, to develop their sense of self, and to strengthen their family unity.

**Website:** [http://www.sunrisehouse.org](http://www.sunrisehouse.org)

**Address:** 119 Capitol Street, Salinas

**Phone:** 831-751-9350 Main Number

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### Program: Seven Challenges

**Description:** Offers a class on decision making skills concerning drug use.

**Eligibility:** Must be teens (aged 13-18).

**Fees:** No fee

**Phone:** 831-751-9350

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### Program: Teen Closet

**Description:** Provides new or gently used items to teens in need of clothing. Also accepts clothing donations.

**Eligibility:** Must be teens (aged 13-18). Donated items must be in good condition.

**Fees:** No fee

**Phone:** 831-751-9350

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### Program: Youth Alternative to Violence (YATV)

**Description:** Provides a sixteen-week program in which teens explore a variety of personal issues. Helps clients examine their violent behaviors and develop healthy alternatives. YATV is a bi-level program, which addresses five basic types of violent or abusive behaviors.

**Eligibility:** Must be teens (aged 13-18).

**Fees:** No fee

**Phone:** 831-751-9350

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### Agency: THE EPICENTER

**Description:** Youth led community based organization which provides programs and drop in referral services to at risk youth ages 16-24.

**Website:** [http://www.epicentermonterey.org/](http://www.epicentermonterey.org/)

**Address:** 20 Maple Street, Salinas

**Phone:** 831-998-7291 Main Number
Agency: THE SALVATION ARMY MONTEREY PENINSULA CORPS

Description: Nonprofit organization provides emergency service to individuals in economic crisis.
Website: http://www.tsamonterey.com
Address: 1491 Contra Costa Street, Seaside
Phone: 831-899-4911 Main Number

Program: Good Samaritan Center

Description: Offers a drop-in center to help the needy, homeless and distressed. Provides shelter, clothing, showers, laundry services, counseling, mediation, advocacy, referral services, and seasonal food distribution.
Eligibility: Must be homeless individuals.
Fees: No fee
Phone: 831-899-4988

Program: Meal Services

Description: Provides hot meals on a daily basis.
Eligibility: Open to all.
Fees: No fee
Phone: 831-899-4988

Program: Phase II Transitional Housing

Description: Provides temporary housing for families with children needing help to transition from homelessness into independent living. Clients can stay up to 24 months.
Eligibility:
- Must be homeless or on the verge of becoming homeless due to eviction, domestic violence or divorce.
- Must meet minimum income eligibility according to HHS guidelines.
- Must be a legal U.S. resident, 18 years of age or older with children currently living with you.
- Children must attend school.
- Must be and remain, drug and alcohol free.
- Must provide criminal background check.
- Must be employed full time at least 30 days before entering Transitional Housing Program.
Fees: Sliding fee
Phone: 831-899-1071

Agency: THE SALVATION ARMY OF SALINAS

Description: Nonprofit organization offers services to children, seniors and low income residents.
Website: http://www.salvationarmysalinas.org
Address: 2460 North Main Street, Salinas
Phone: 831-443-9655 Main Number
Program: Family Services

Description: Offers emergency food, clothing vouchers. Also offers REACH program for utility payment assistance and provides a computer to submit applications to the HEAP program. Other needs are based on funding availability.

Eligibility: Salinas and Castroville residents only.

Fees: No fee

Phone: 831-443-9655

Program: Kid's Cafe

Description: Provides after-school activities which include a homework center, computer lab, recreation and field trips, etc. Dinner is also provided.

Eligibility: Must be a child (aged 5-14).

Fees: Membership fee of $25 per child, and $2 daily use and bus fee $1 (if you ride the bus).

Phone: 831-443-9655 ext 2912

Agency: THE TREVOR PROJECT

Description: Nationwide crisis and suicide prevention helpline for lesbian, gay, bisexual, transgender and questioning youth aged 13-24.

Website: http://www.thetrevorproject.org

Toll Free: 866-488-7386 Trevor Lifeline

Program: Trevor Lifeline / TrevorChat / TrevorText

Description: Offers crisis intervention and suicide prevention services through a toll free hotline, online chat and text services for LGBTQ youth.

Trevor Lifeline - national 24/7 crisis intervention and suicide prevention lifeline.

TrevorChat - a free, confidential, secure instant messaging service which provides live help from trained volunteer counselors through www.thetrevorproject.org.

TrevorText - a free, confidential, secure service in which LGBTQ youth can text a trained Trevor counselor for support and crisis intervention. Text “Trevor” to 202-304-1200.


Fees: No fee

Toll Free: 866-488-7386

Agency: THE VILLAGE PROJECT, INCORPRATED (TVPI)

Description: Multi-service African American family resource center whose focus is to provide treatment to underserved African American community as per the Mental Health Services Act of 2004.

Website: http://villageprojectinc.org

Address: 1069 Broadway Avenue, Suite 201, Seaside

Phone: 831-392-1500 Main Number
Program: Community Services

Description: Provides parenting classes, individual, child, and family counseling, and grief support groups services.

Eligibility: Open to all.

Fees: No fee

Phone: 831-392-1500

Agency: UPLIFT FAMILY SERVICES

Description: Nonprofit organization which provides services to children and adolescents with complex behavioral health challenges and helps them recover from trauma such as abuse, severe neglect, addiction and poverty.

Website: http://upliffts.org/

Address: 32 East Alisal Street, Suite 211, Salinas

Phone: 408-379-3790 Main Number

Program: Therapeutic Behavioral Services (TBS)

Description: Short term program that focuses on changing a child's behavior while emphasizing the child's strengths. Works in collaboration with the child, the child's caregivers and the primary mental health provider to address 1 to 3 behaviors that jeopardize the child's ability to remain in his or her current home.

Eligibility: Referrals required. Eligible child or youth must
- have full-scope Medi-Cal
- meet medical necessity criteria (or have a qualifying mental health diagnosis)
- be receiving other mental health services
- is currently living/has undergone/is being considered for placement in a group home facility, RCL 12 or above, psychiatric hospital or a locked treatment facility.

Fees: Accepts Medi-Cal

Toll free: 877-488-5437

Agency: WATSONVILLE PUBLIC LIBRARY

Description: Library.

Website: http://cityofwatsonville.org/public-library

Address: 275 Main Street, Suite 100, Watsonville

Phone: 831-768-3400 Main Branch

Program: Library Services

Description: Offers collection of books, newspapers, magazines, CDs, DVDs, online resources, information services, and educational and cultural programs for all ages.

Eligibility: Open to all. Must be a California resident to obtain a library card.

Fees: No fee

Phone: 831-768-3400

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Agency: YWCA OF MONTEREY COUNTY
Description: Nonprofit domestic violence service provider which offers 24/7 confidential safe house, crisis line, counseling, education and training, and other services in Monterey County.
Website: http://www.ywca.org
Address: 236 Monterey Street, Salinas, Monterey
Phone: 831-422-8602 Main Number

Agency: YWCA OF WATSONVILLE
Description: Nonprofit organization strives to empower women and work towards the elimination of racism.
Website: http://www.ywcawatsonville.org
Address: 340 East Beach Street, Watsonville
Phone: 831-724-6078 Main Number

Program: Community Center
Description: Offers youth programs to promote leadership skills and community involvement. Including enrichment activities like sports, arts and crafts, academic programs, leisure activities, field trips, and also provides after school care for young children.
Eligibility: Open to all.
Fees: Vary by services.
Phone: 831-724-6078
**Directory of Parent Resources in Monterey County**

**Addition, Change, Correction Form**

Please use the following form to make suggested additions, changes and/or corrections to agency resources in the directory. Information submitted will be reviewed for inclusion in subsequent updated editions of the directory.

Descriptions should be 1 – 3 sentences long describing the primary services provided.

Detailed or perishable information associated with the agency or programs are provided to the caller when they call the agency or program directly.

Please complete one form for each agency or program or location when submitting new or updated information.

Information can be typed in or hand written, please print clearly.

Questions? Call Ronn Rygg at United Way (831) 372-8026 or email [ronn.rygg@unitedwaymcca.org](mailto:ronn.rygg@unitedwaymcca.org) (preferred).

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Postal Code:__________________________________________
Description of Location:_______________________________
Bus Service:__________________________________________

Contact information for person submitting this form:

Name:_______________________________________________
Title:_______________________________________________
Phone:_______________________________________________
Email:_______________________________________________

Completed forms can be scanned and emailed to ronn.rygg@unitedwaymcca.org, faxed to United Way Monterey County at (831) 372-4945, Attn: 2-1-1 or mail copies to United Way Monterey County, 60 Garden Court #350, Monterey, CA 93940, Attn: 2-1-1.